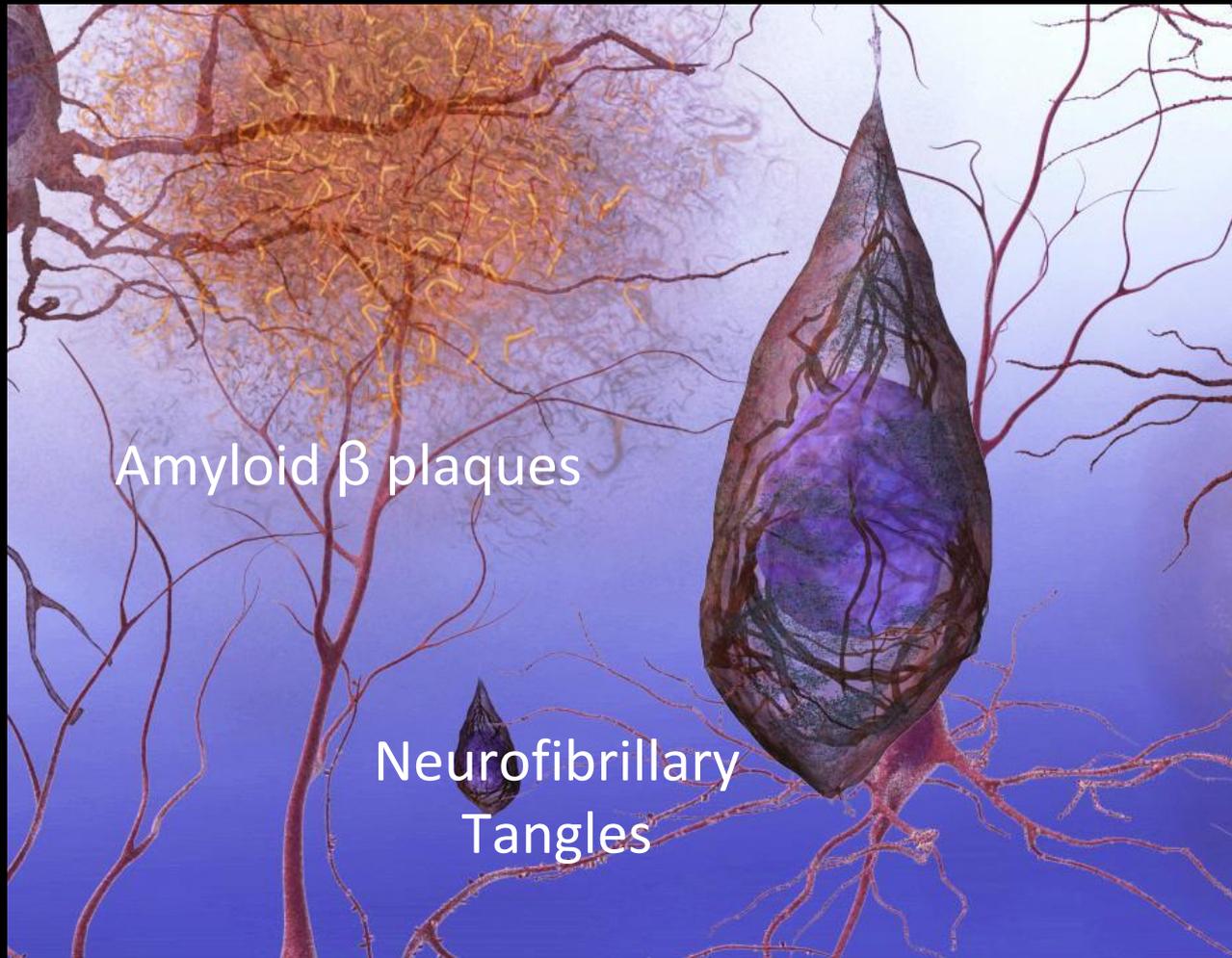


# Impairment of glymphatic function in the aging brain and Alzheimer's disease

Jeffrey Iliff, PhD  
Department of Anesthesiology and  
Perioperative Medicine  
Oregon Health & Science University  
Portland, OR USA



Aging is inseparably tied to Alzheimer's disease

- Risk doubles every 5 years over age 65.
- Incidence approaches 40% among subjects >85 years of age.

# The cerebrospinal fluid (CSF) circulation

No lymphatic vessels in the CNS

CSF is secreted at the choroid plexuses within the cerebral ventricles

CSF serves as a 'sink' for CNS waste products

Diffuse bulk flow facilitates exchange of CSF and ISF

Reabsorption at arachnoid villi



# The cerebrospinal fluid (CSF) circulation

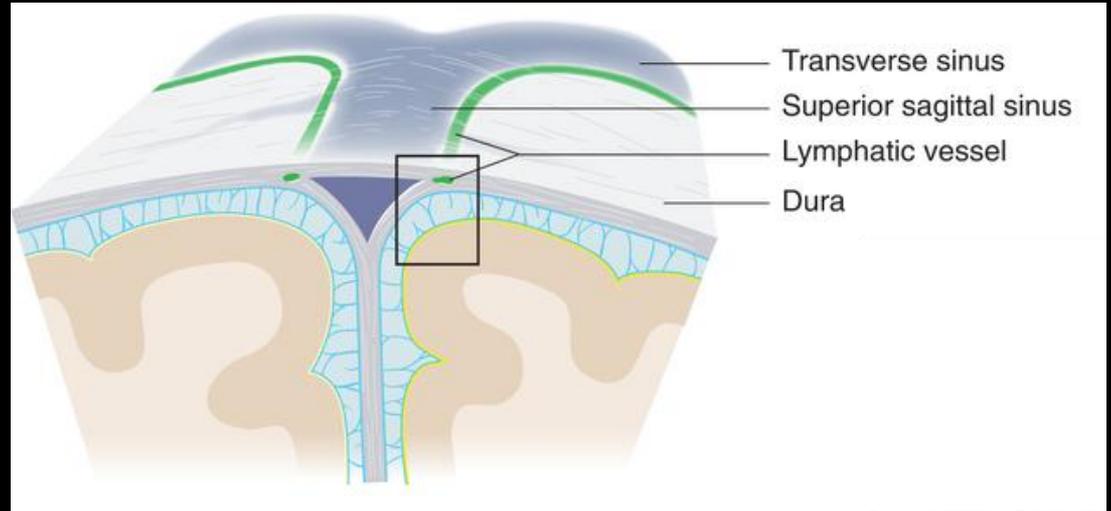
No lymphatic vessels in the CNS

CSF is secreted at the choroid plexuses within the cerebral ventricles

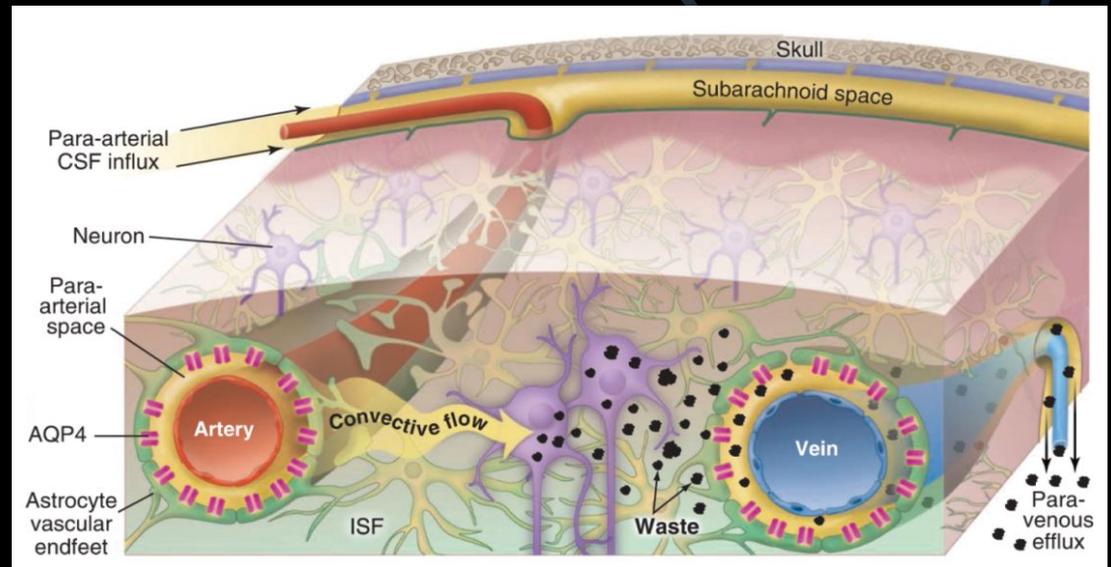
CSF serves as a 'sink' for CNS waste products

Diffuse bulk flow facilitates exchange of CSF and ISF

Reabsorption at arachnoid villi

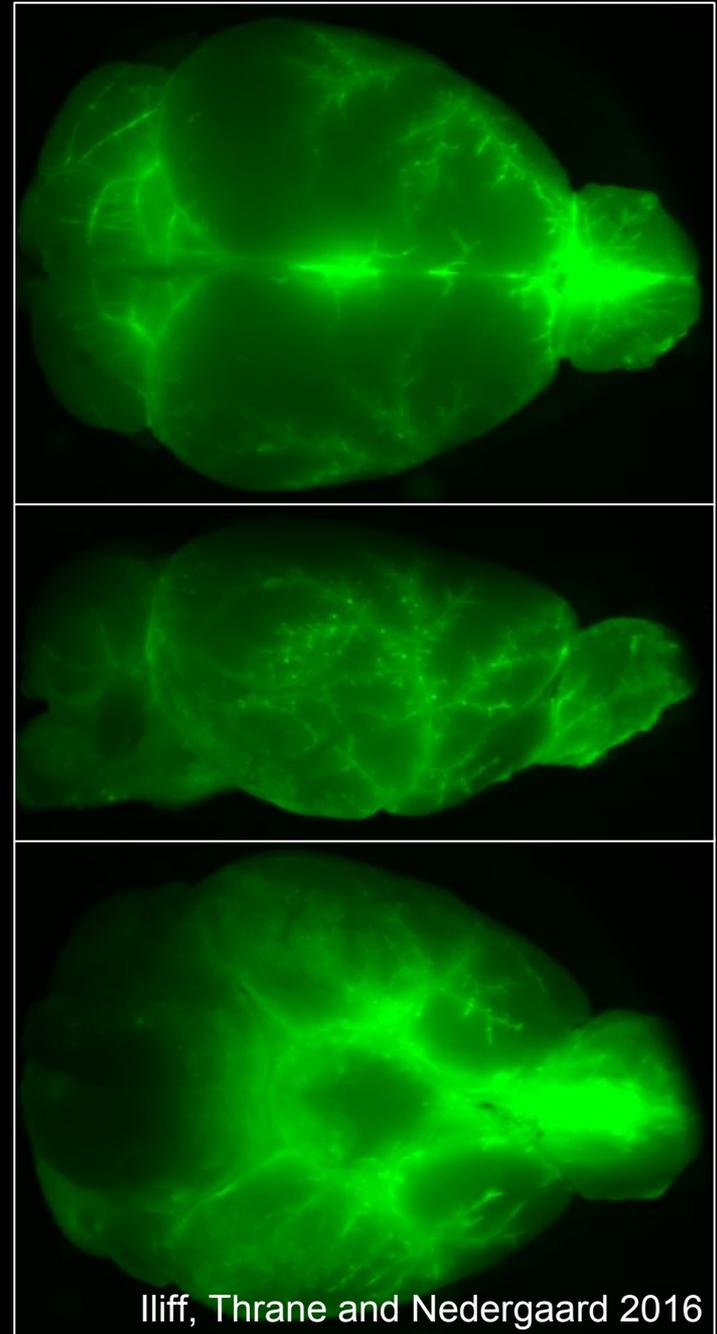


From Louveau et al. *Nature* 2015



From Nedergaard *Science* 2014

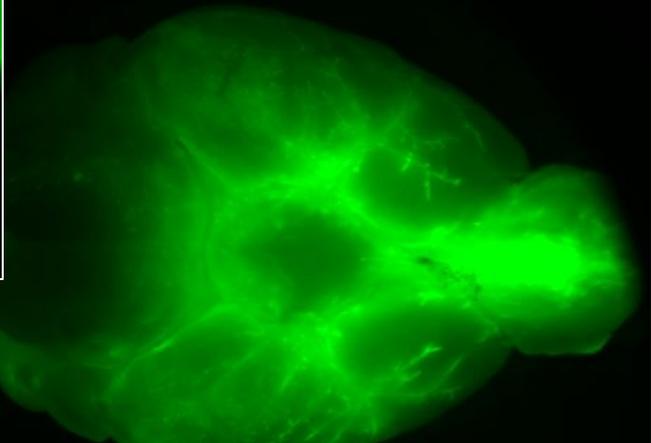
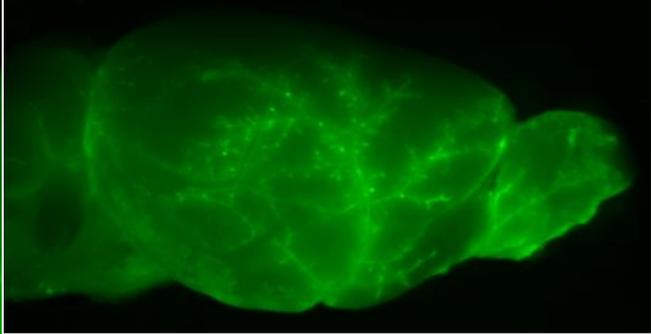
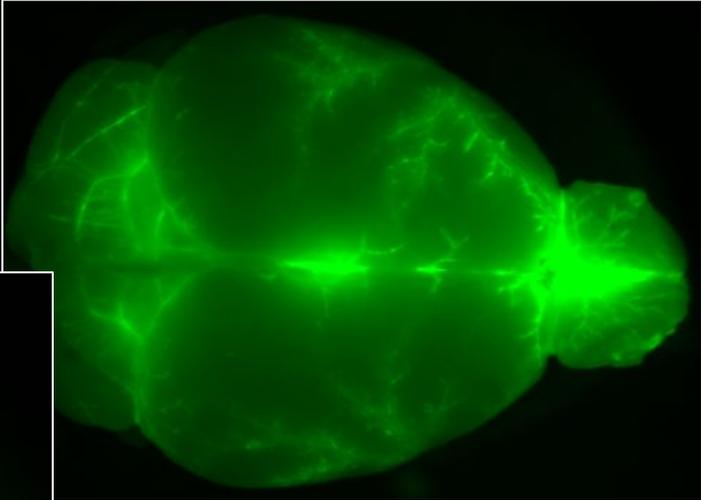
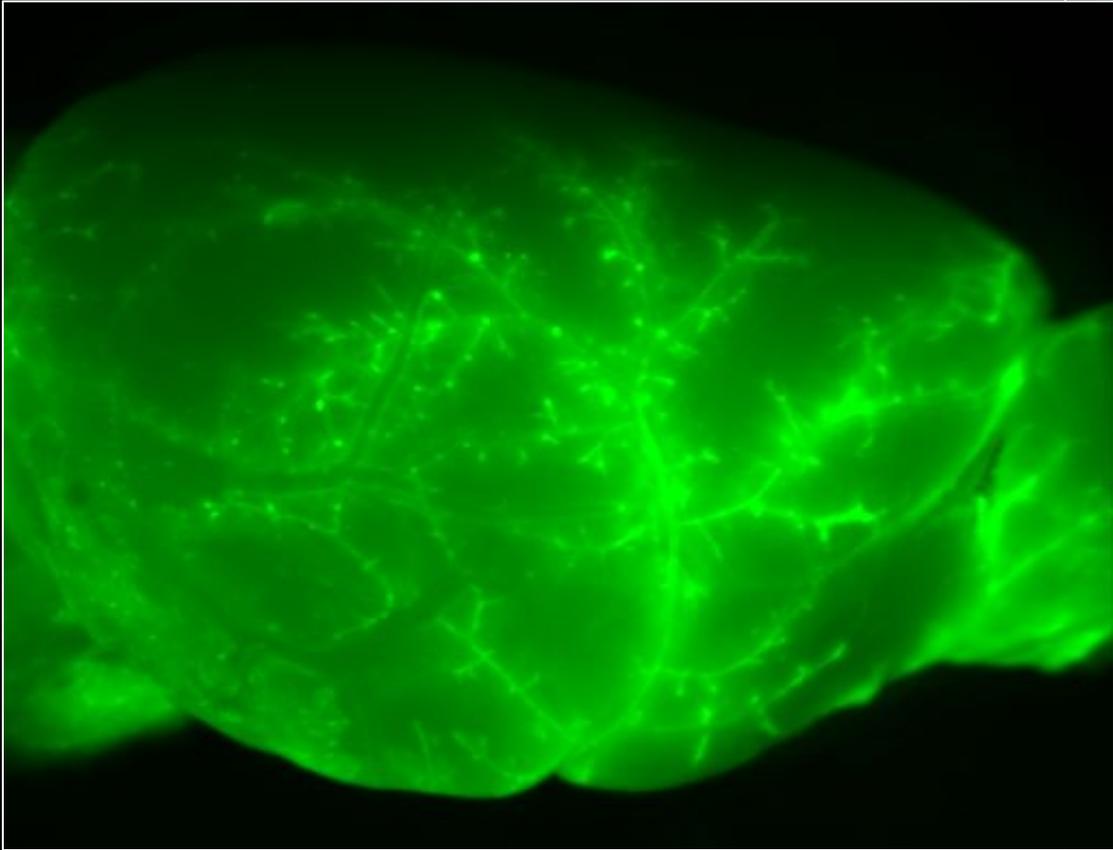
# A brain-wide perivascular pathway for CSF-ISF exchange



CSF Tracer (BSA-488)  
30min post-injection

Iiff, Thrane and Nedergaard 2016

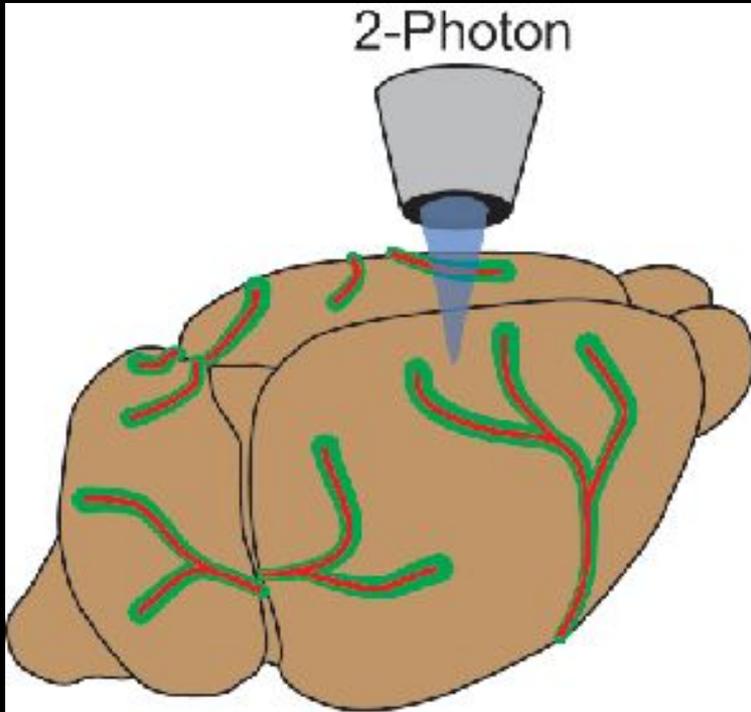
# A brain-wide perivascular pathway for CSF-ISF exchange



CSF Tracer (BSA-488)  
30min post-injection

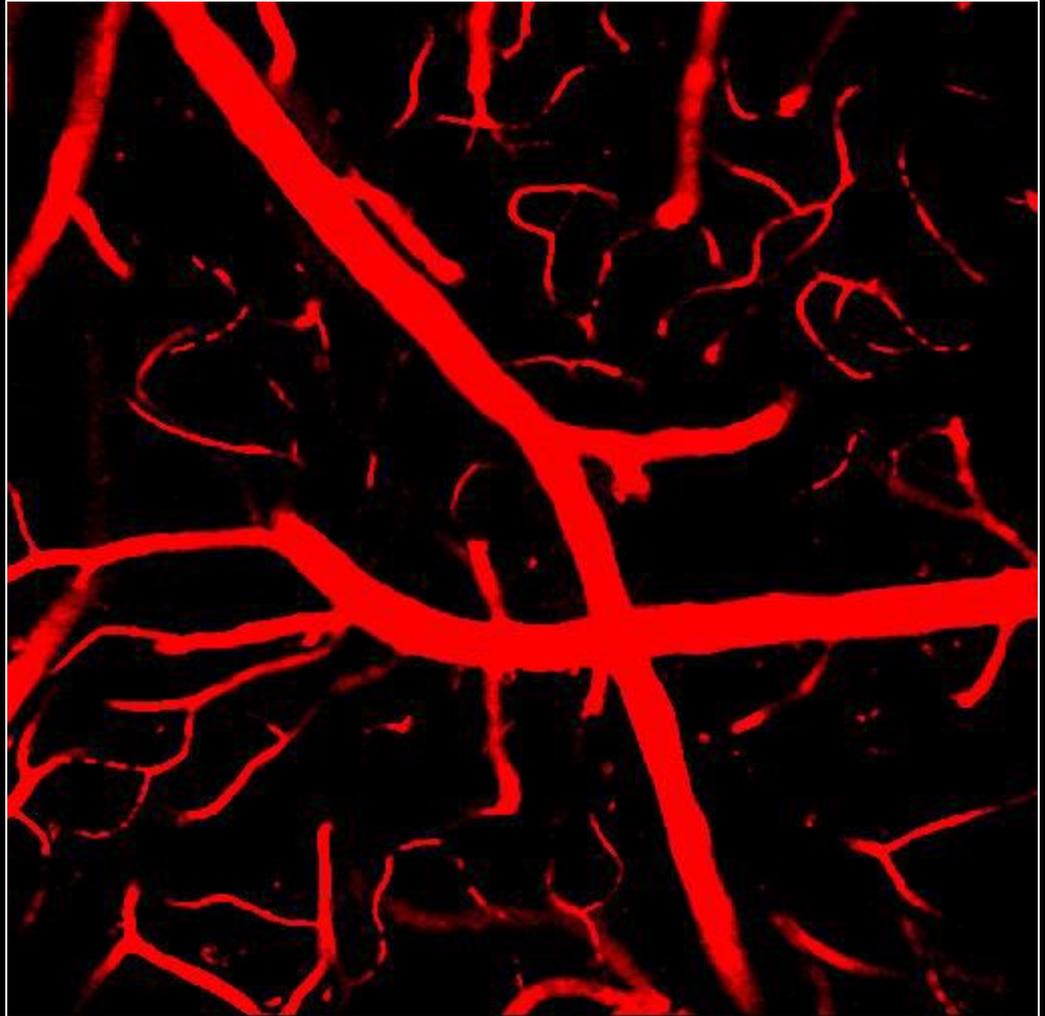
# A brain-wide perivascular pathway for CSF-ISF exchange

In vivo 2-photon microscopy



TR-d70 (iv tracer)  
FITC-d40 (CSF tracer)  
1 frame = 1min

Cortical Surface



Cortical Surface

60 $\mu$ m

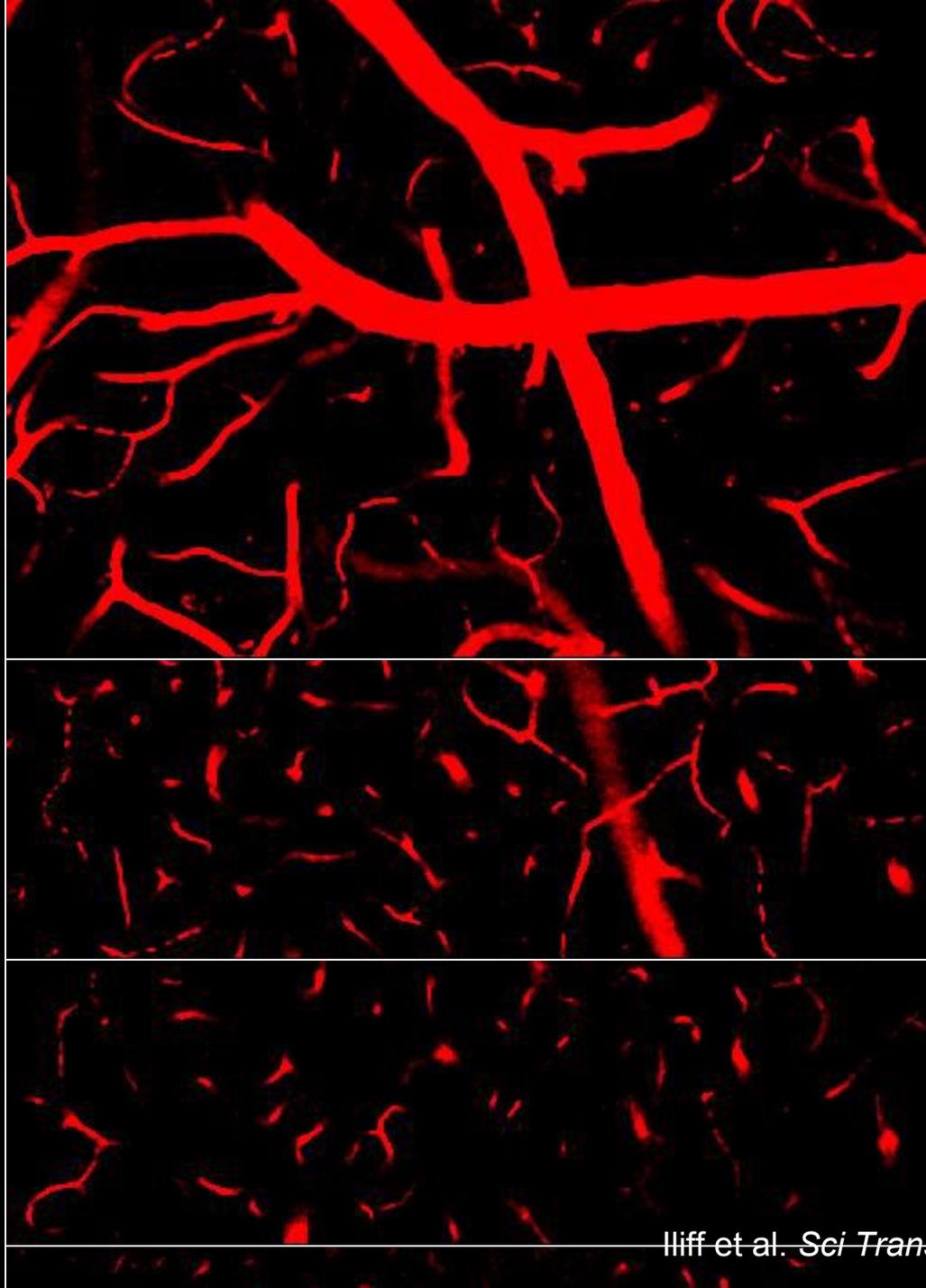
120 $\mu$ m

180 $\mu$ m

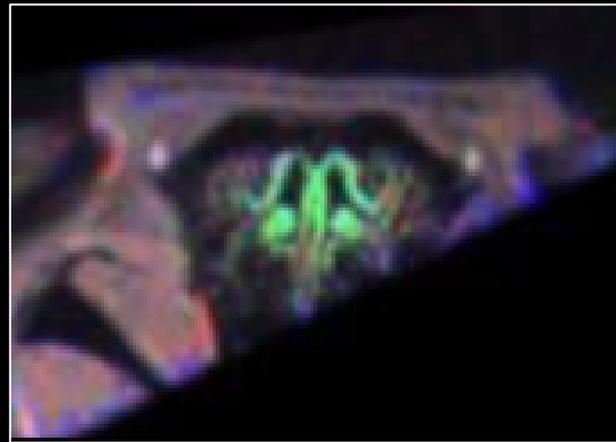
TR-d70 (iv tracer)

TR-d40 (CSF tracer)

1 frame = 1min



# Imaging brain-wide glymphatic function by dynamic contrast-enhanced (DCE)-MRI



- Adult Male SD Rats
- DCE-MRI (11.7T)
- Intracisternal gadoteridol infusion
- Time

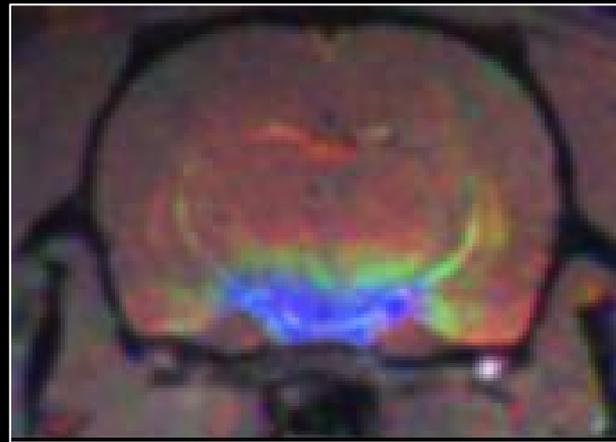
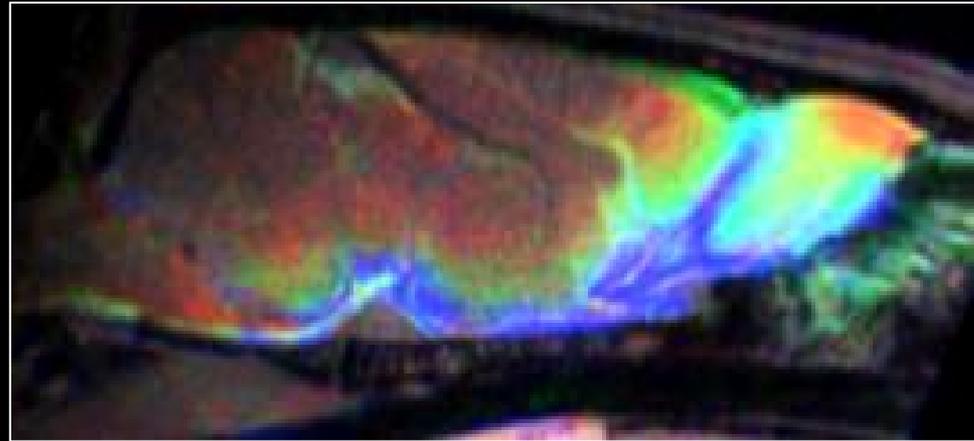
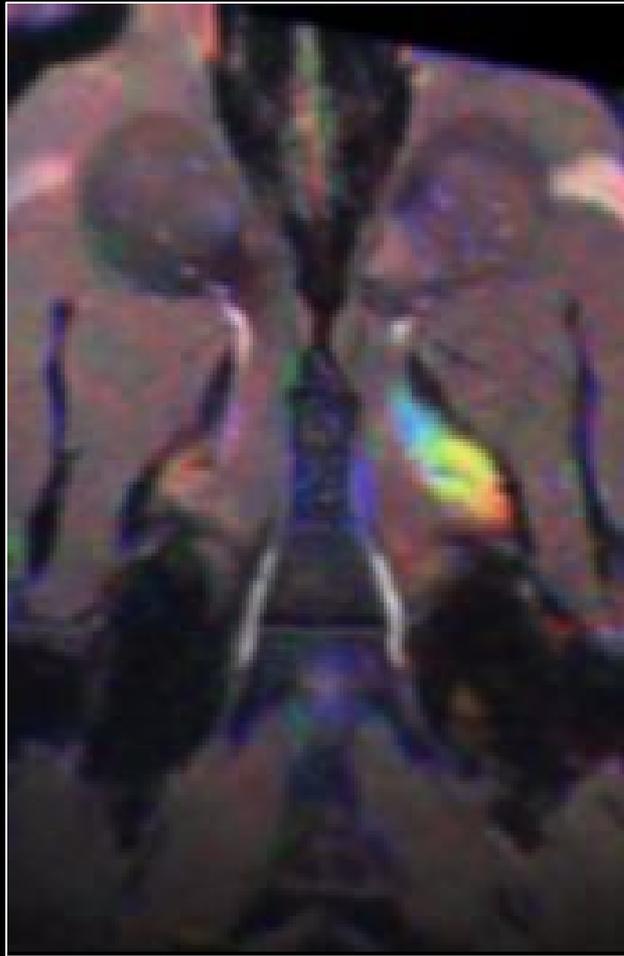
Post-Injection:

0-60 min

60-120 min

120-180 min

# Imaging brain-wide glymphatic function by dynamic contrast-enhanced (DCE)-MRI



- Adult Male SD Rats
- DCE-MRI (11.7T)
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- Time

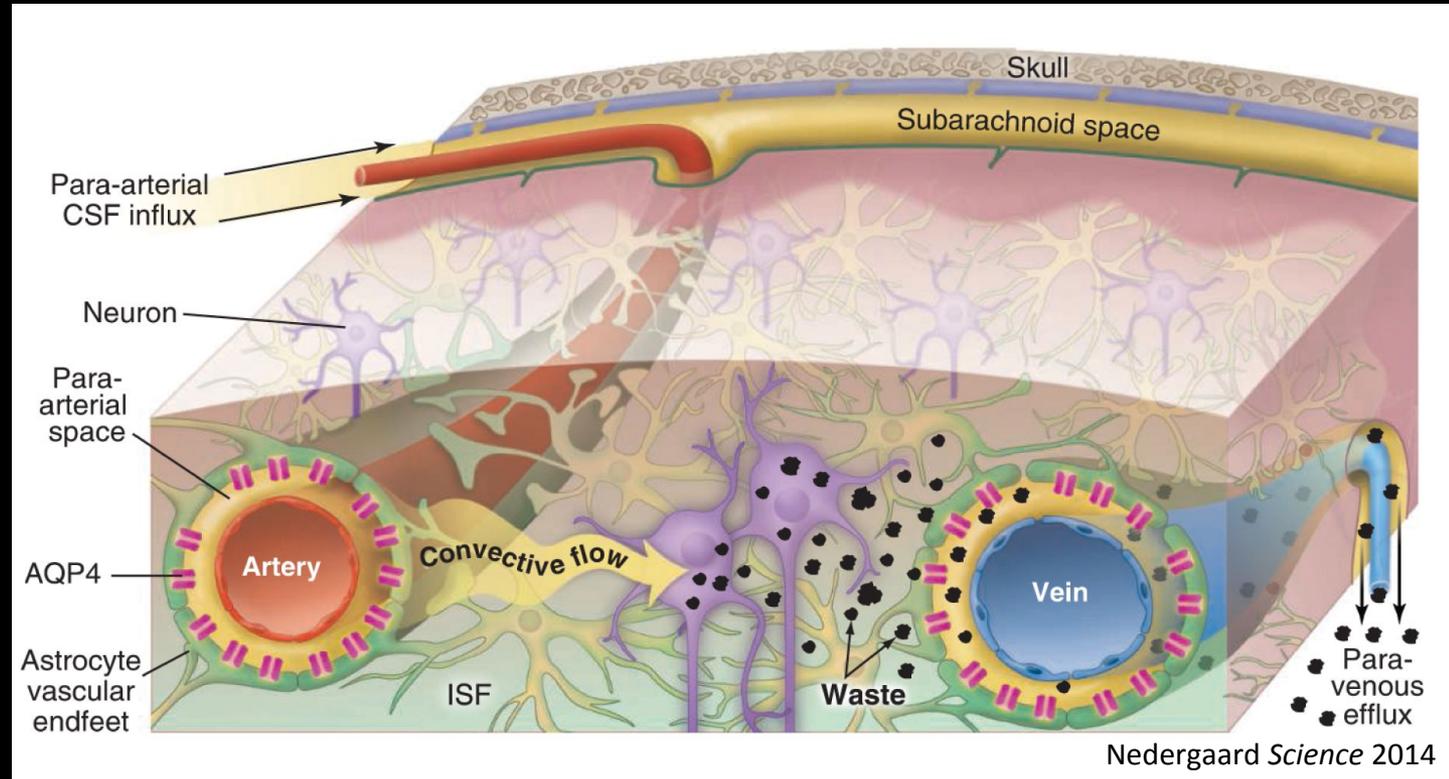
Post-Injection:

0-60 min

60-120 min

120-180 min

# A perivascular pathway for CSF-interstitial fluid exchange --- the “glymphatic” system

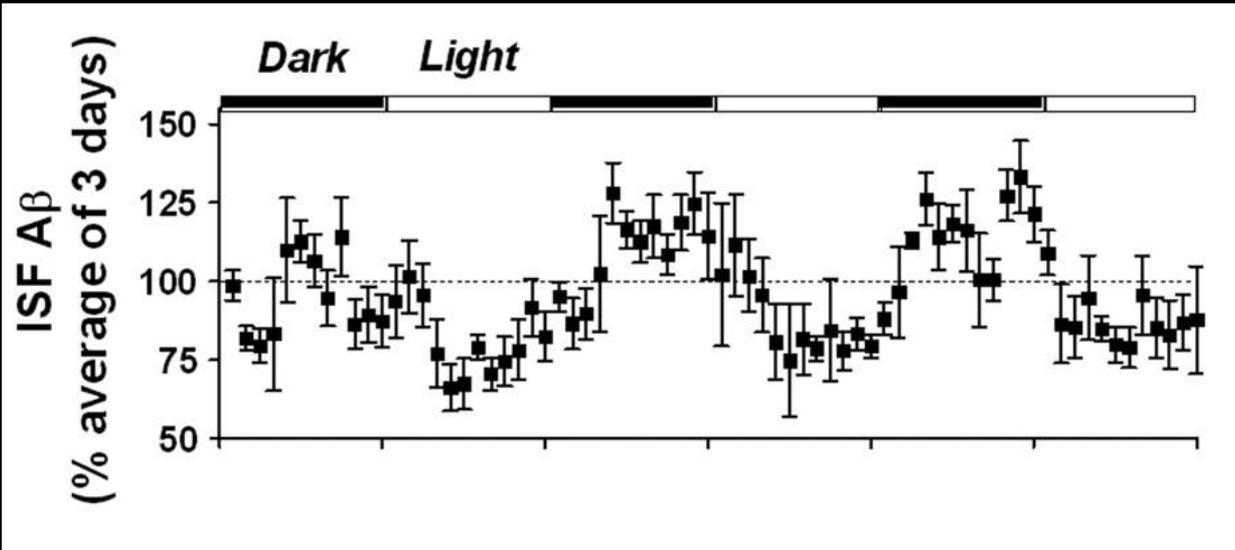


- CSF re-circulates along perivascular spaces surrounding arteries.
- Interstitial solutes are cleared along perivascular spaces surrounding large draining veins.
- Soluble amyloid  $\beta$  and tau are cleared along this paravascular pathway.

# A word about amyloid $\beta$ and sleep

# Sleep modulates interstitial amyloid $\beta$ levels

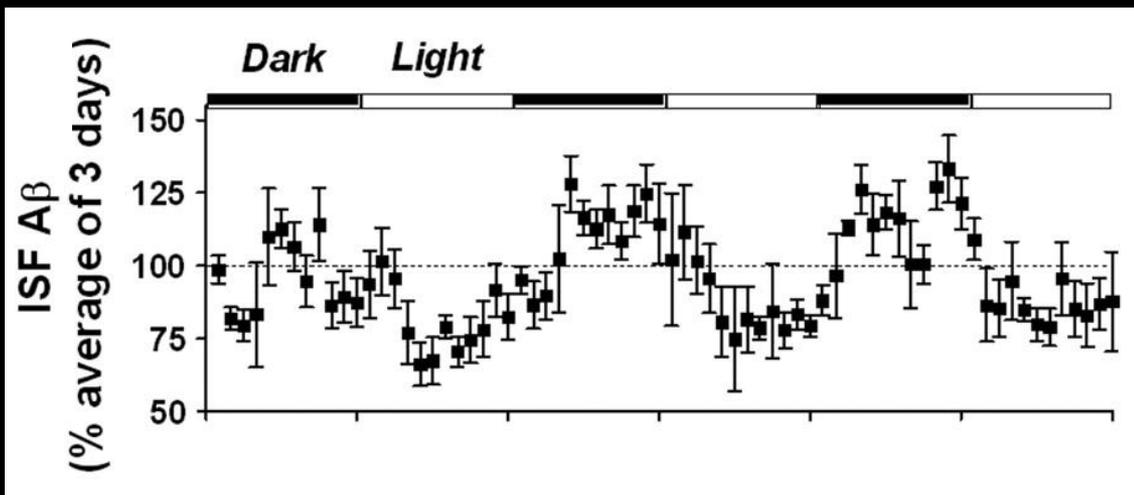
Mouse ISF



Kang et al. *Science* 2009

# Sleep modulates interstitial amyloid $\beta$ levels

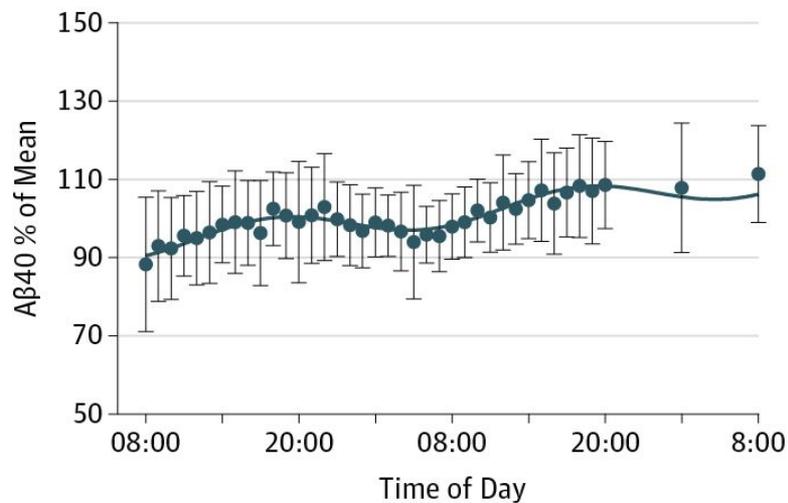
Mouse ISF



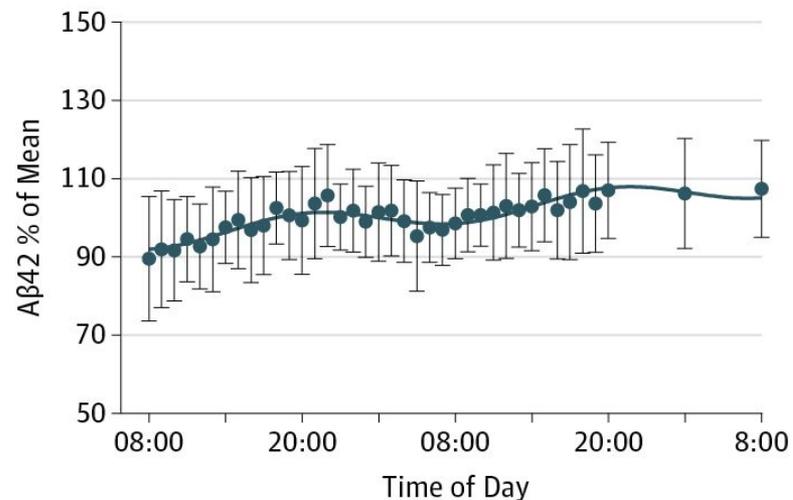
Kang et al. *Science* 2009

Human CSF

**B** A $\beta$ 40 concentrations by MS

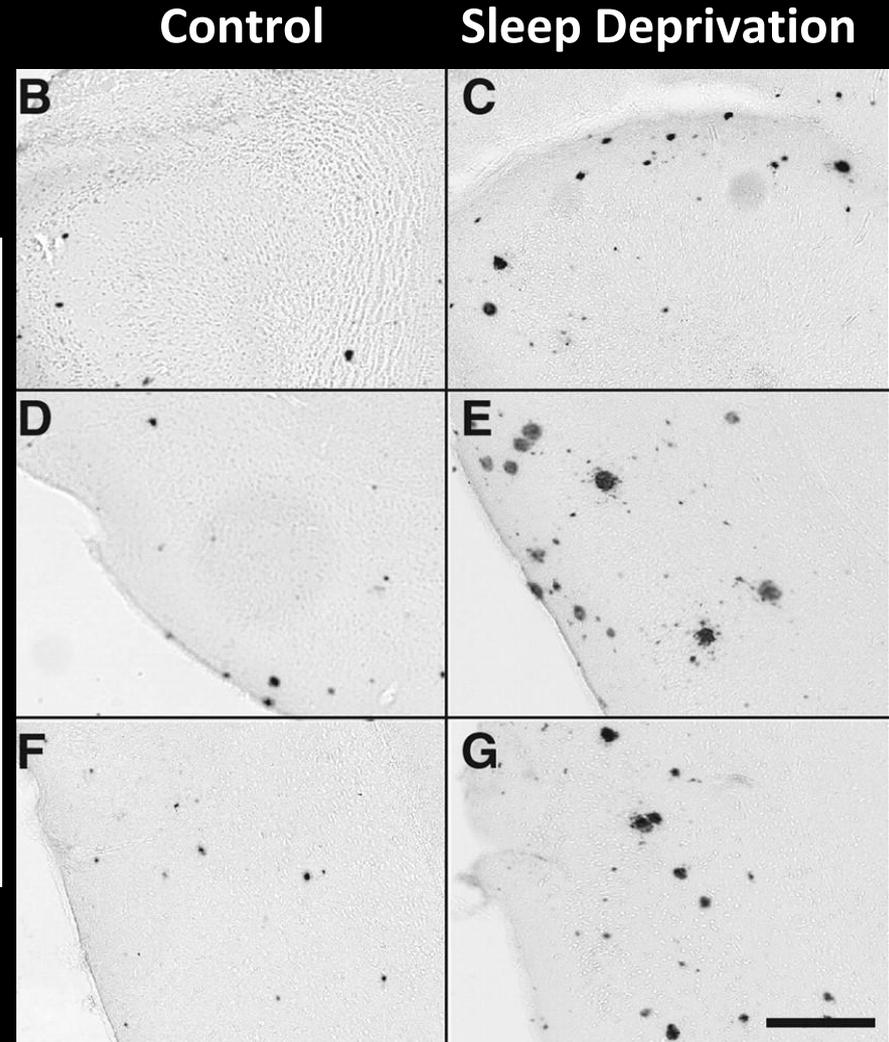
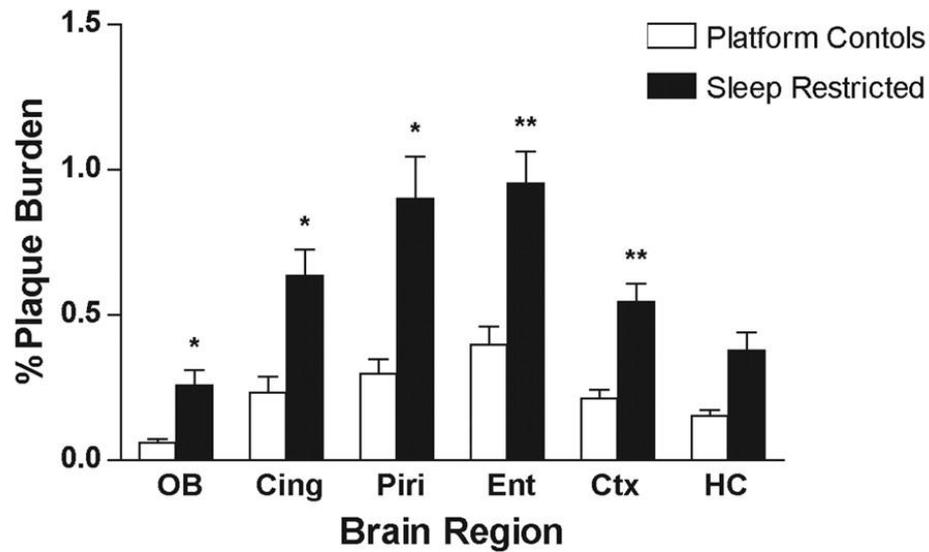


**D** A $\beta$ 42 concentrations by MS



Lucey et al. *JAMA Neurol* 2016

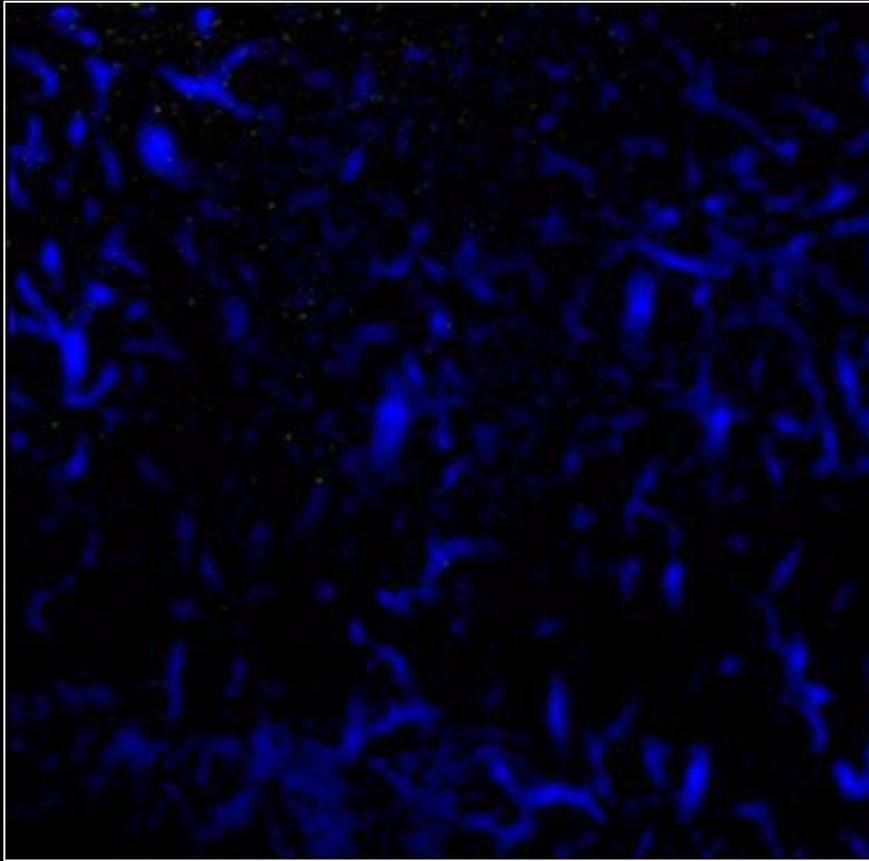
# Sleep modulates interstitial A $\beta$ levels and A $\beta$ aggregation



Does perivascular CSF-ISF exchange differ between sleeping and waking?

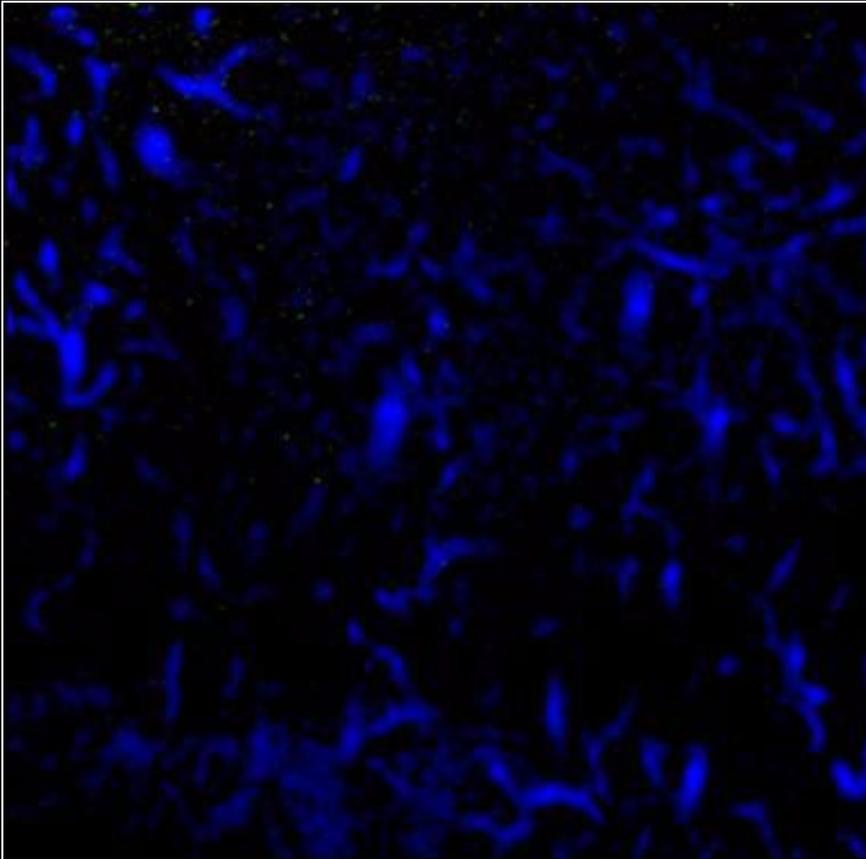
# Perivascular CSF recirculation is modulated by sleep state

**Awake**

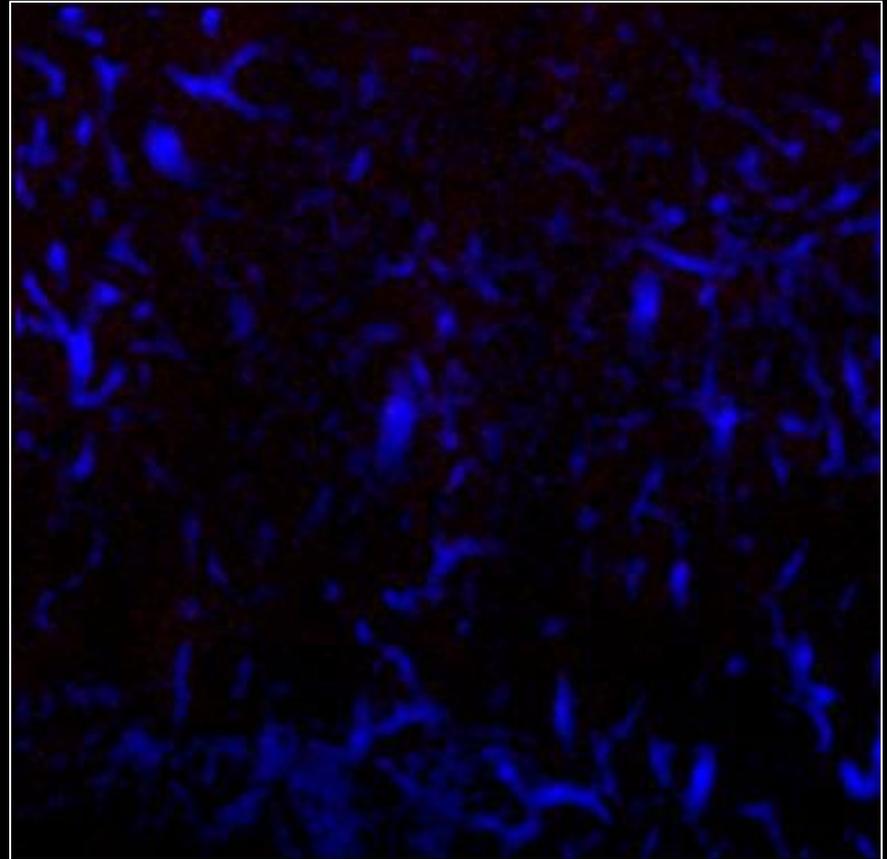


# Perivascular CSF recirculation is modulated by sleep state

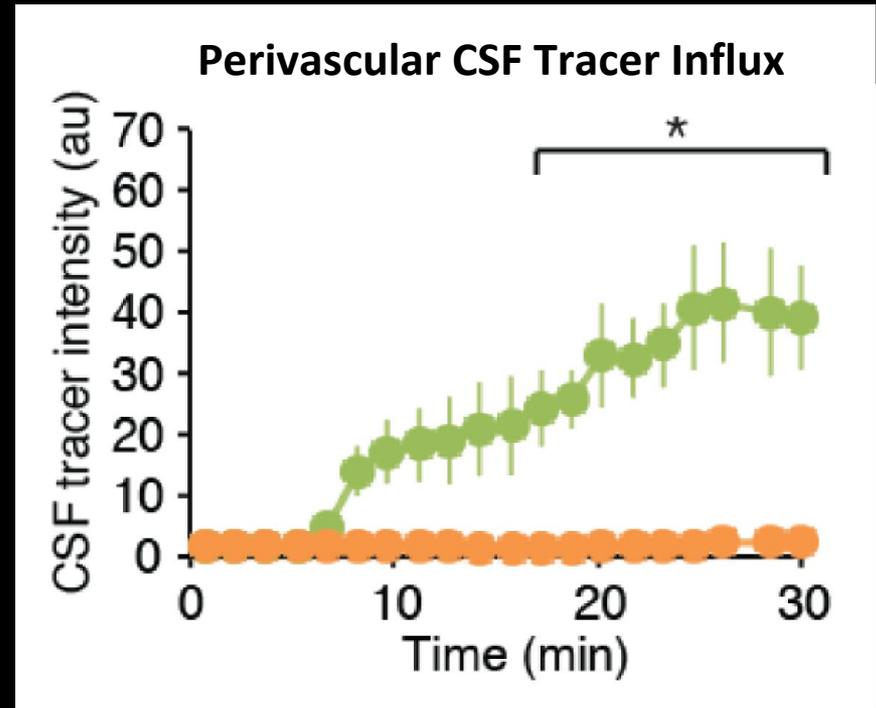
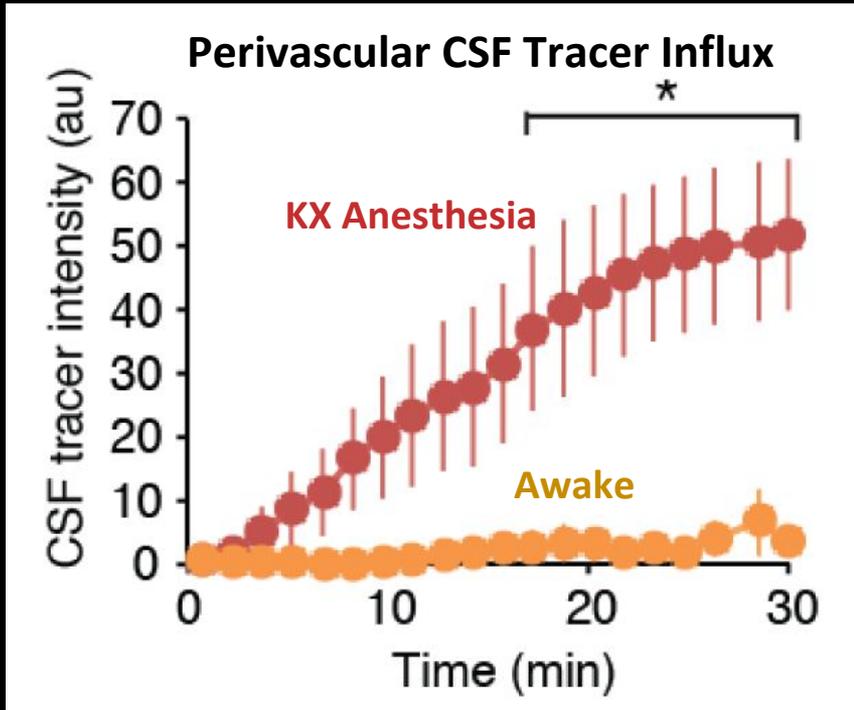
**Awake**



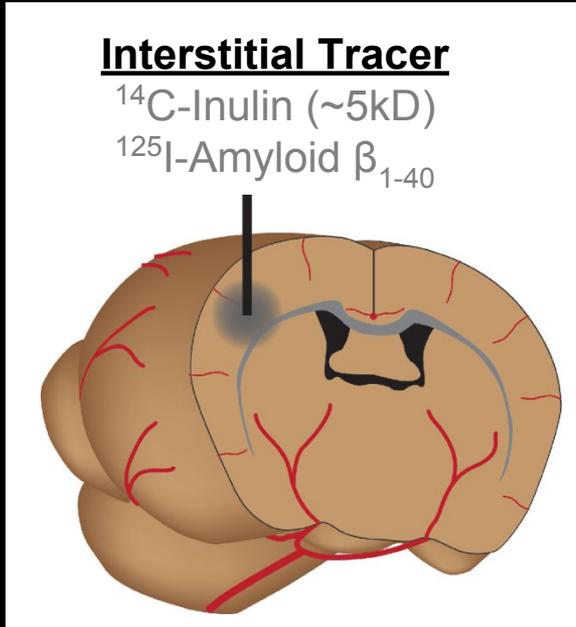
**Anesthetized**



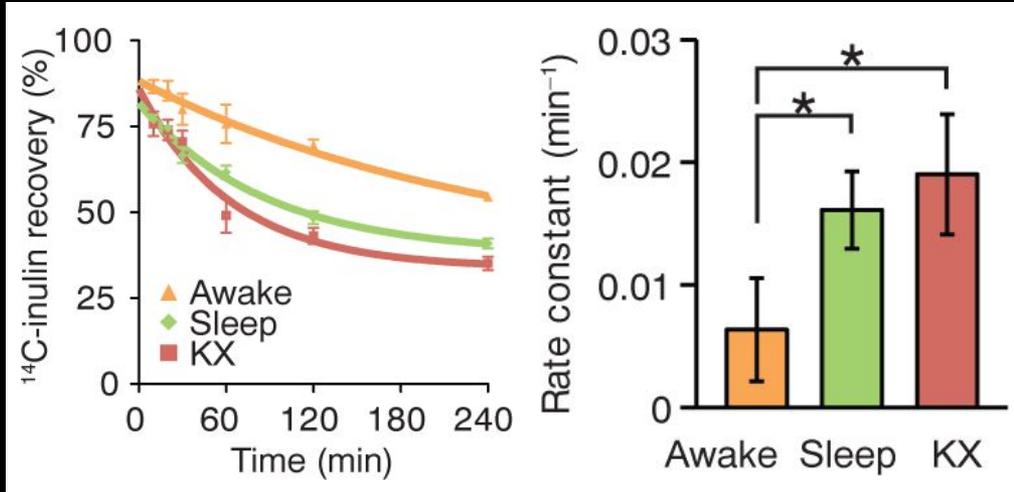
# Perivascular CSF influx is a feature of the sleeping brain



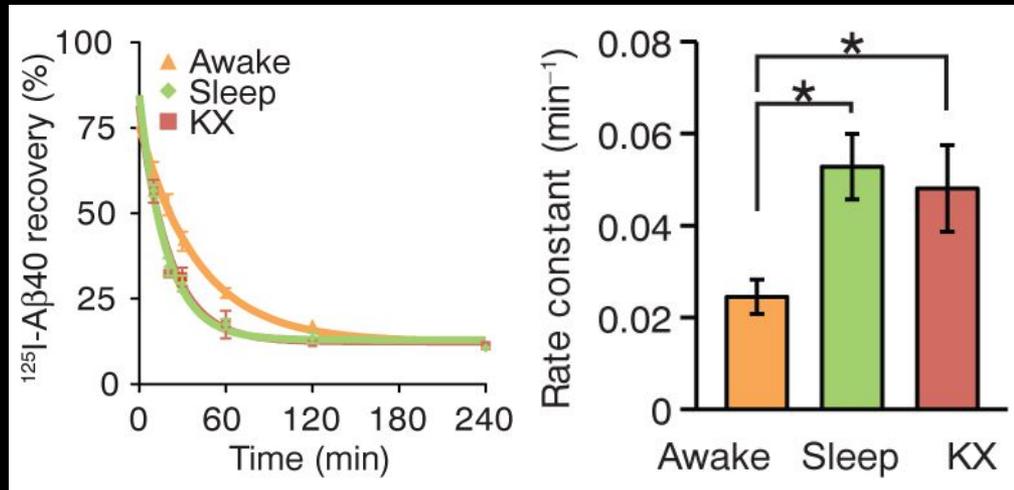
# Amyloid $\beta$ is cleared more rapidly from the sleeping brain



### Interstitial $^{14}\text{C}$ -Inulin clearance

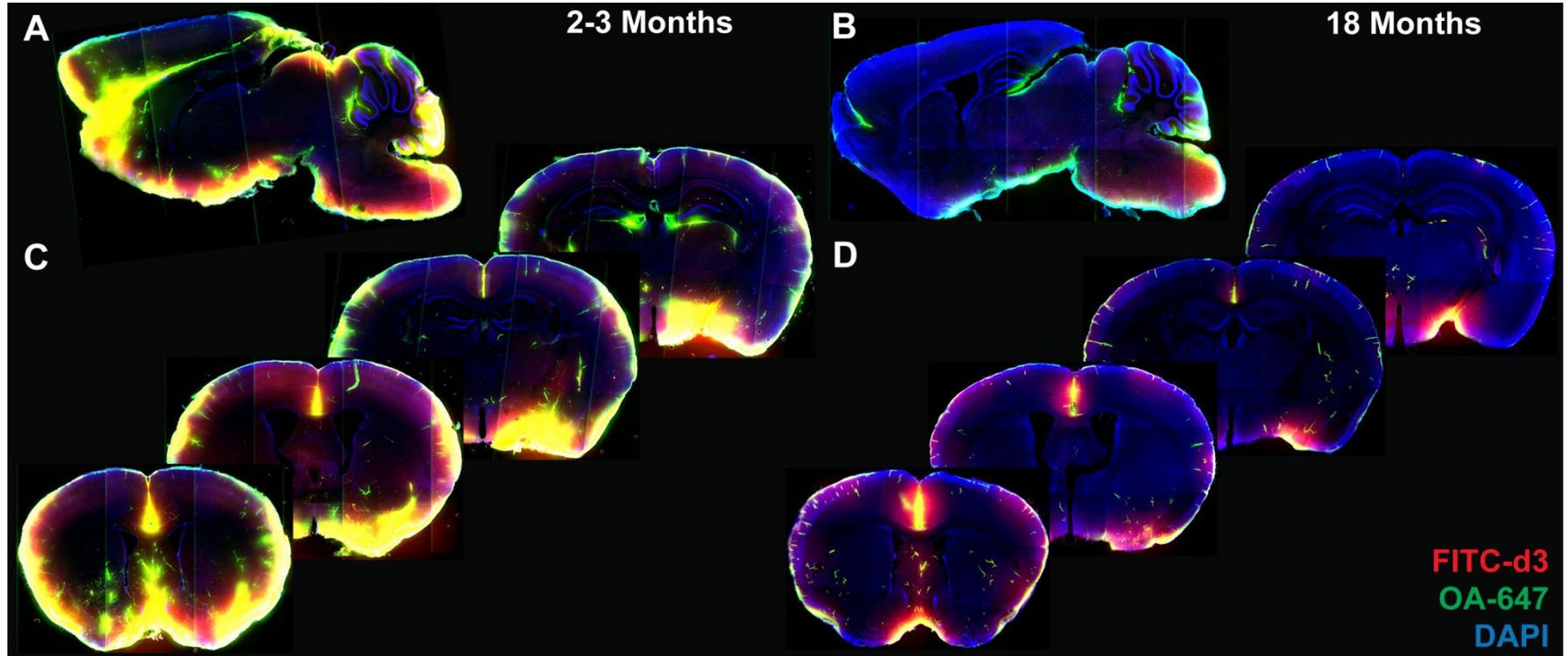


### Interstitial $^{125}\text{I}$ -Amyloid $\beta_{1-40}$ clearance

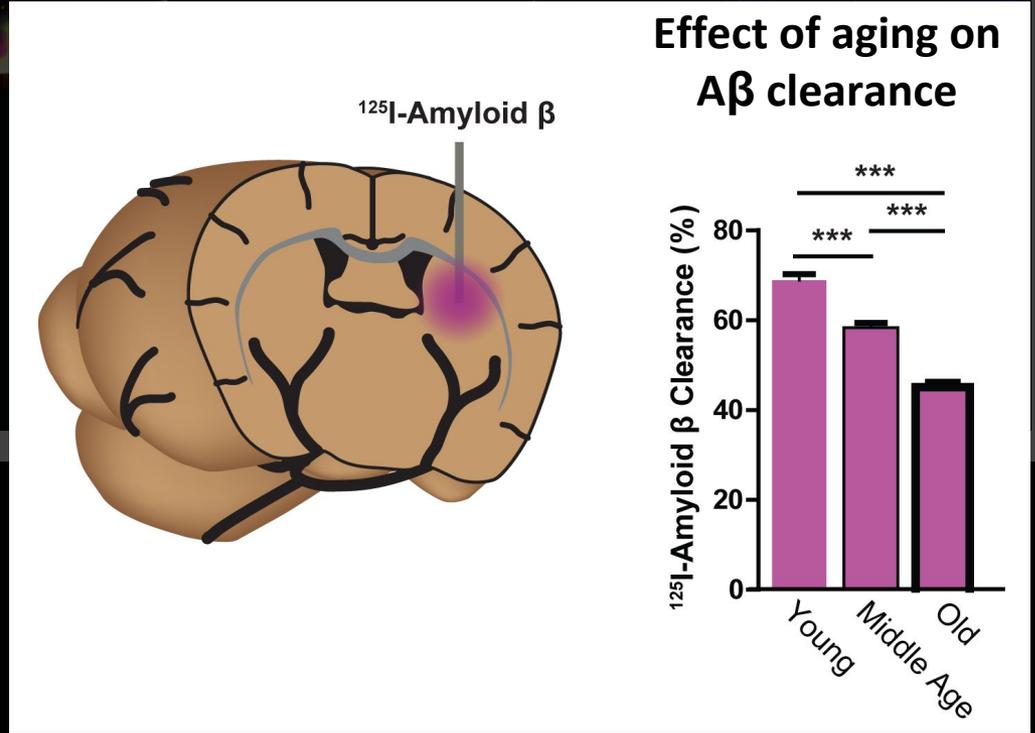
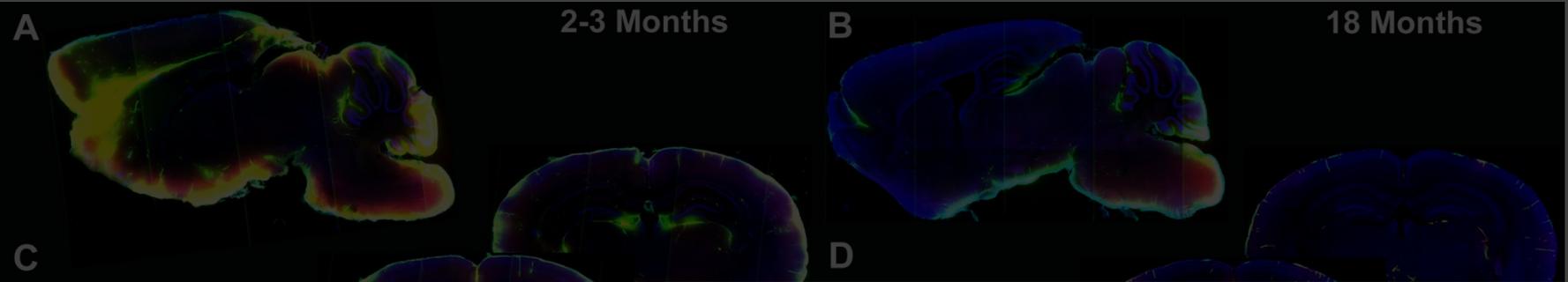


Is perivascular CSF-ISF exchange  
impaired in the aging brain?

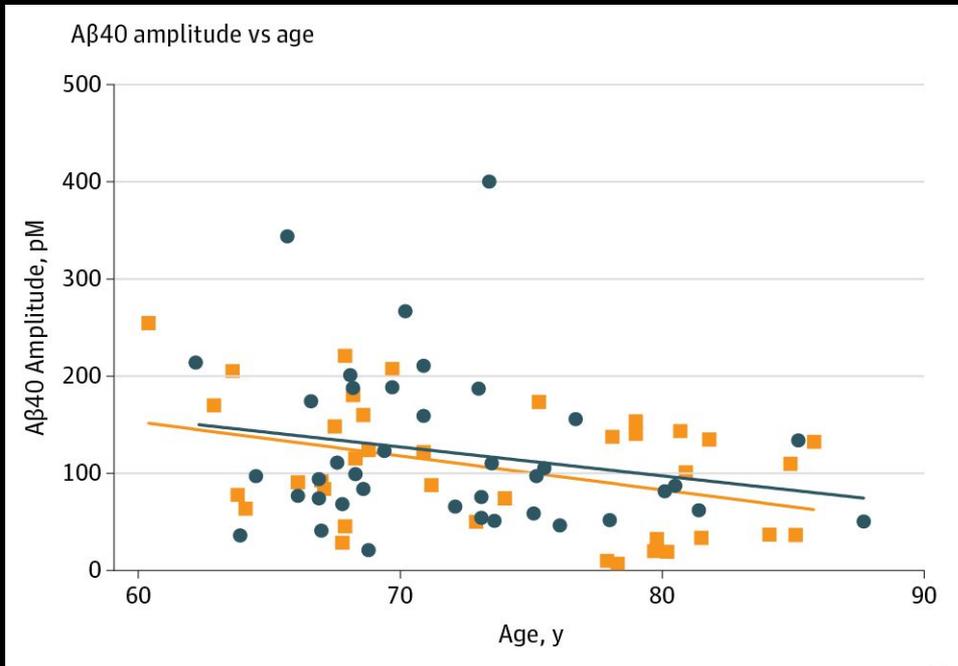
# Impairment of CSF recirculation in the aging brain



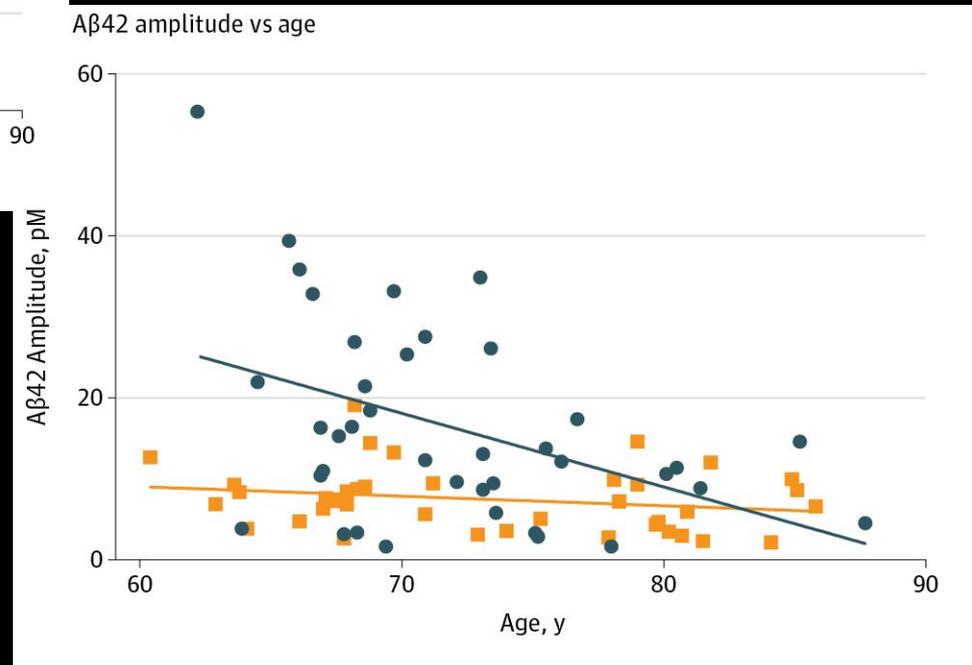
# Impairment of CSF recirculation in the aging brain



# Reduced diurnal fluctuation in CSF A $\beta$ in the aging human CNS

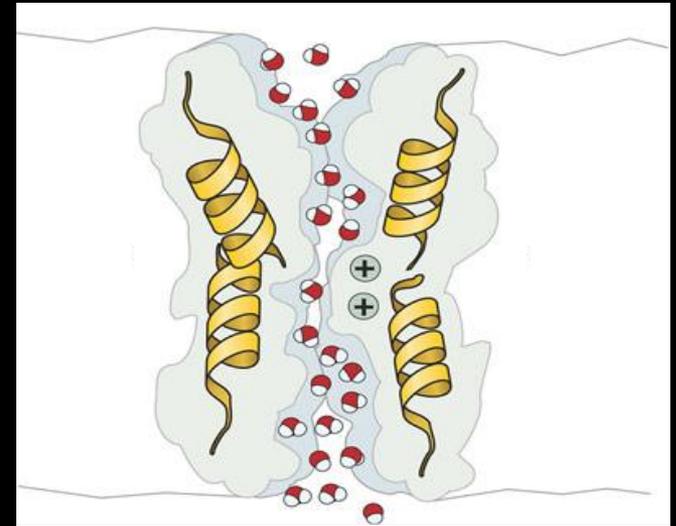
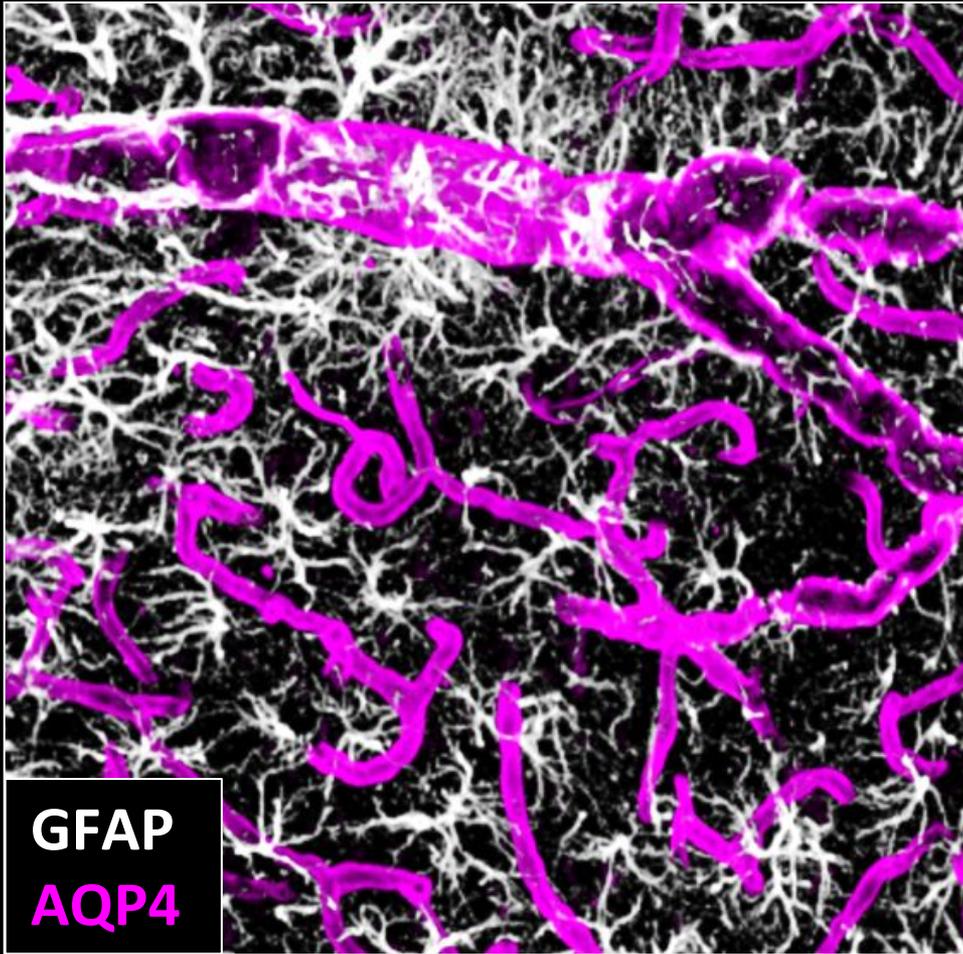


Lucey et al. *JAMA Neurol* 2016



What factors are changing in the aging brain that may underlie these effects?

# Aquaporin-4 (AQP4) organizes water movement throughout the brain



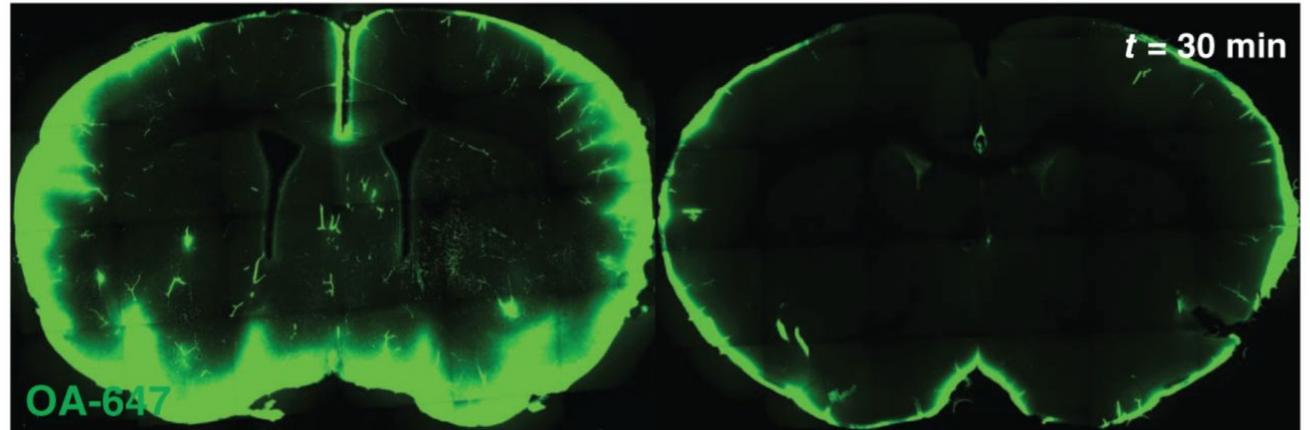
Adapted from Simard et al. *J Neurosci* 2003

# AQP4 supports perivascular CSF recirculation and amyloid $\beta$ clearance

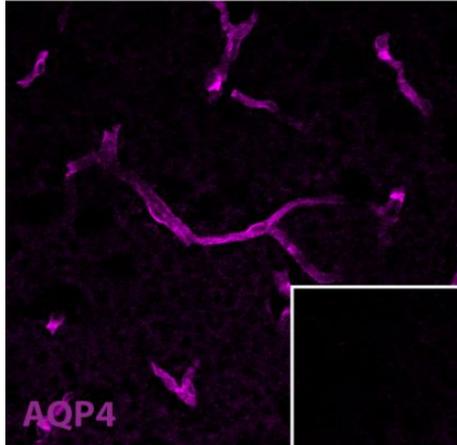
CSF recirculation through the brain is impaired in AQP4 knockout mice

Wild Type

AQP4 Knockout



Wild Type



AQP4



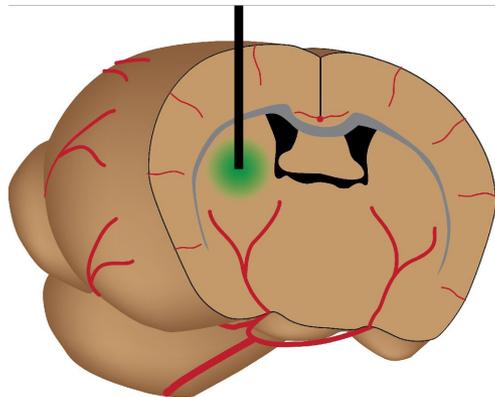
AQP4

AQP4 Knockout

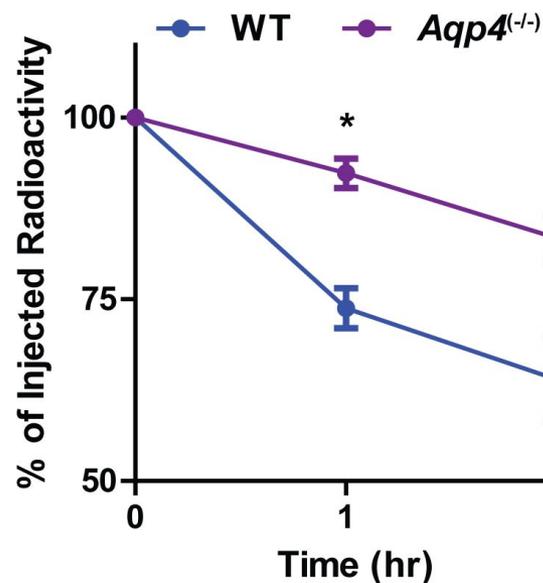
# AQP4 supports perivascular CSF recirculation and amyloid $\beta$ clearance

## Interstitial Tracer

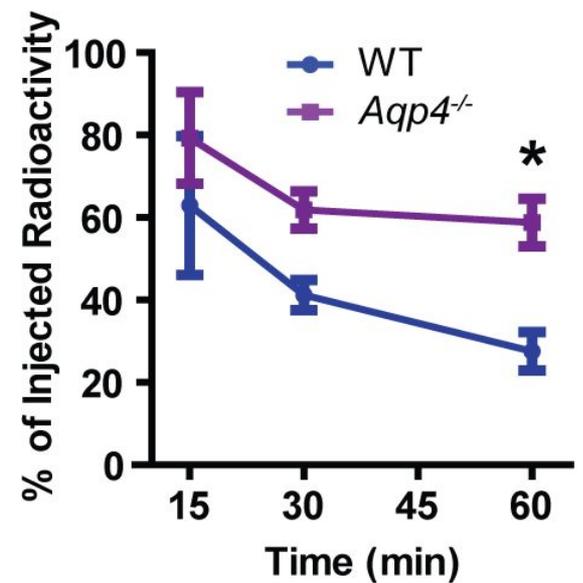
$^3\text{H}$ -Mannitol  
 $^{125}\text{I}$ -Amyloid  $\beta_{1-40}$



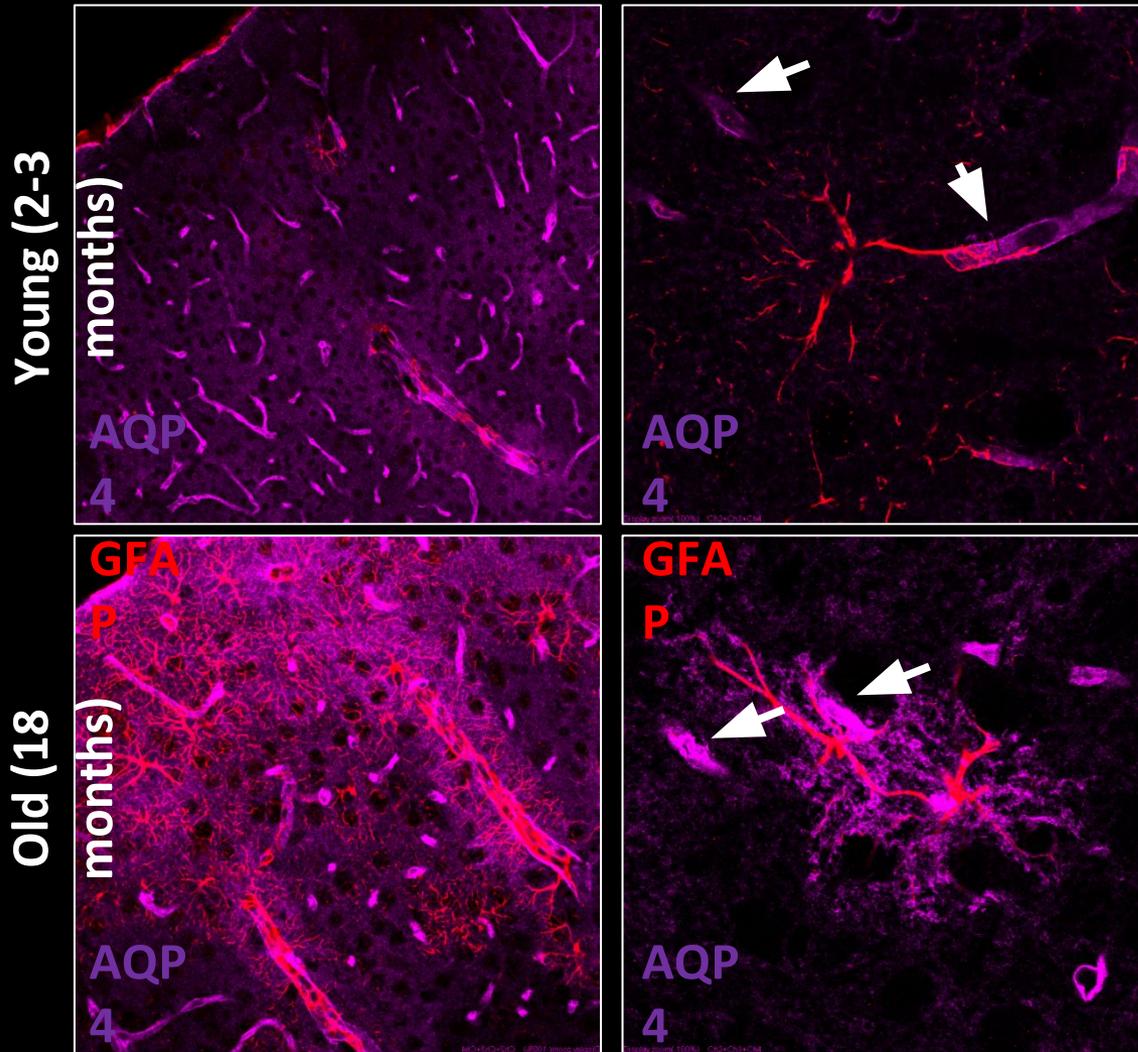
## $^3\text{H}$ -Mannitol Clearance



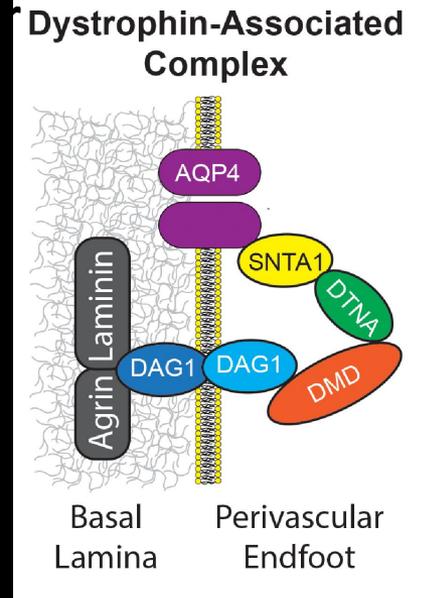
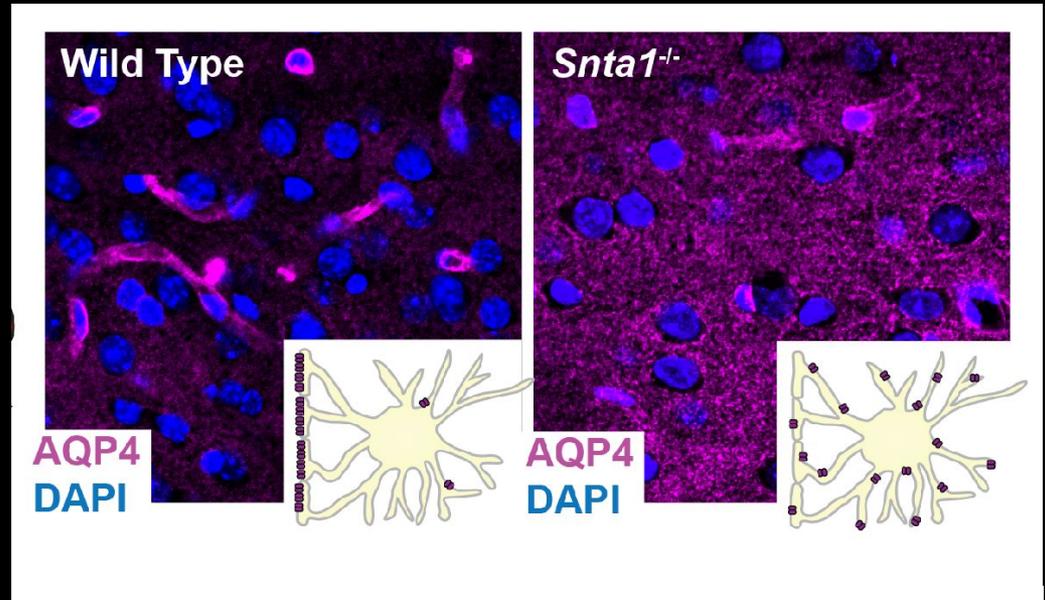
## $^{125}\text{I}$ -Amyloid $\beta_{1-40}$ Clearance



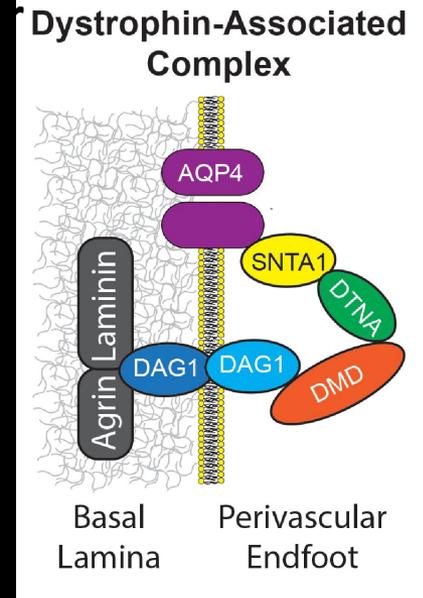
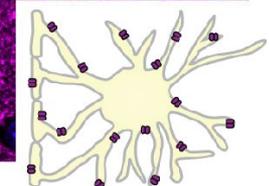
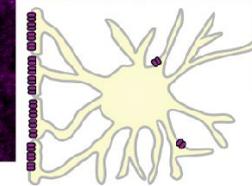
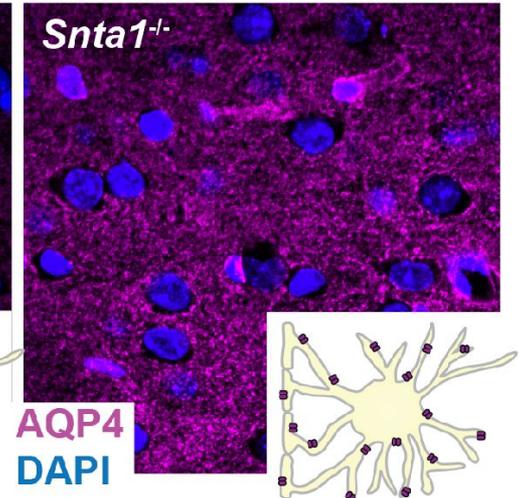
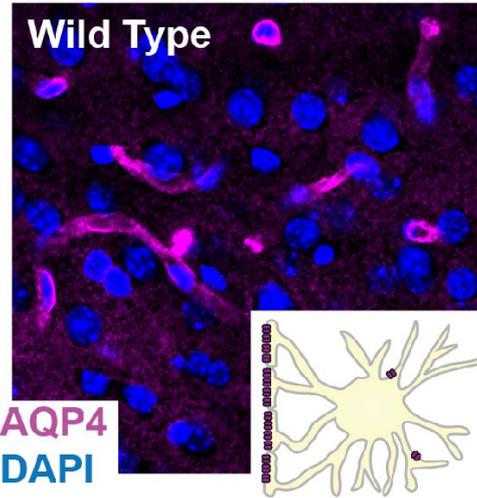
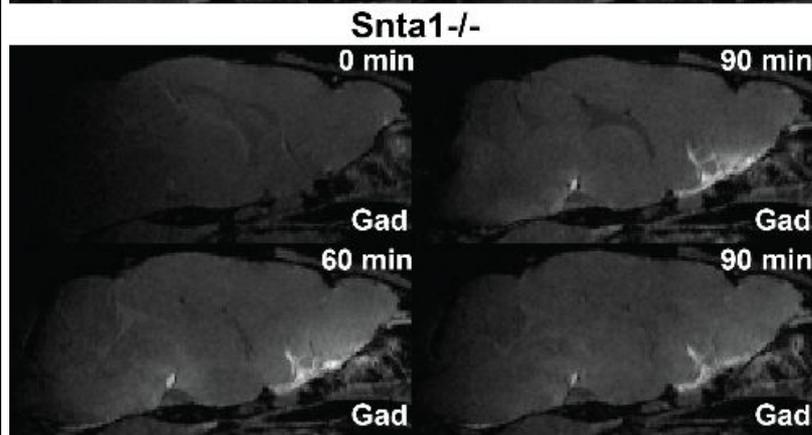
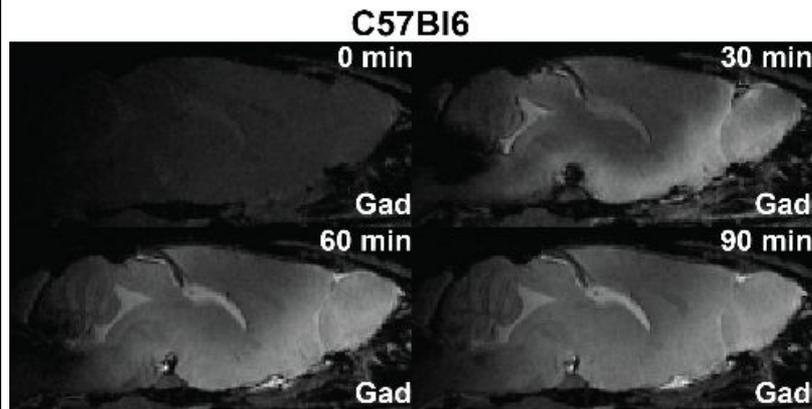
# Perivascular AQP4 localization is lost in the aging brain



# AQP4 polarization supports perivascular CSF-ISF exchange



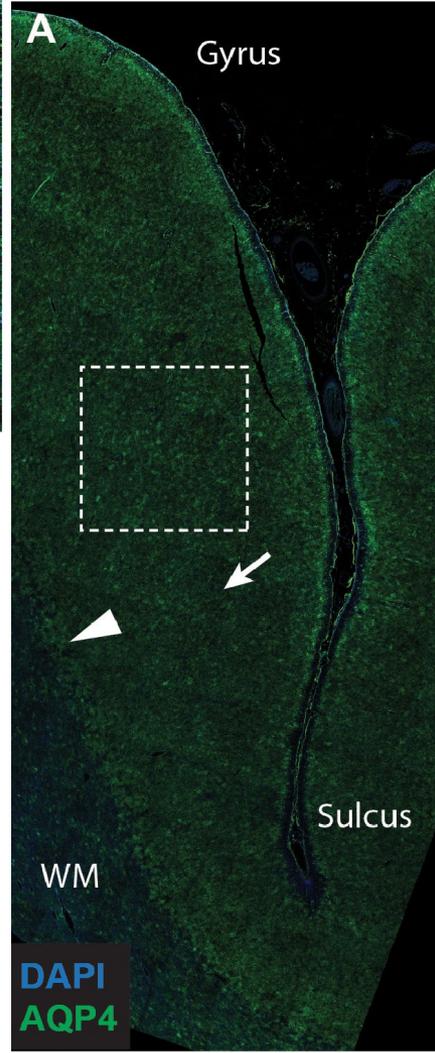
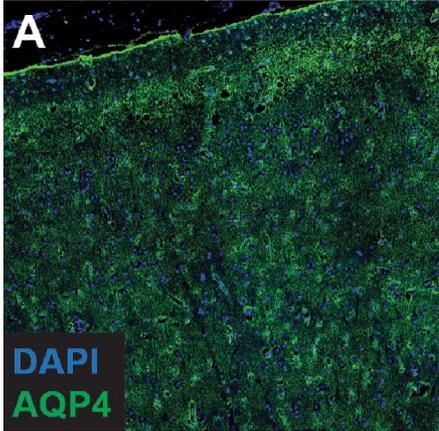
# AQP4 polarization supports perivascular CSF-ISF exchange



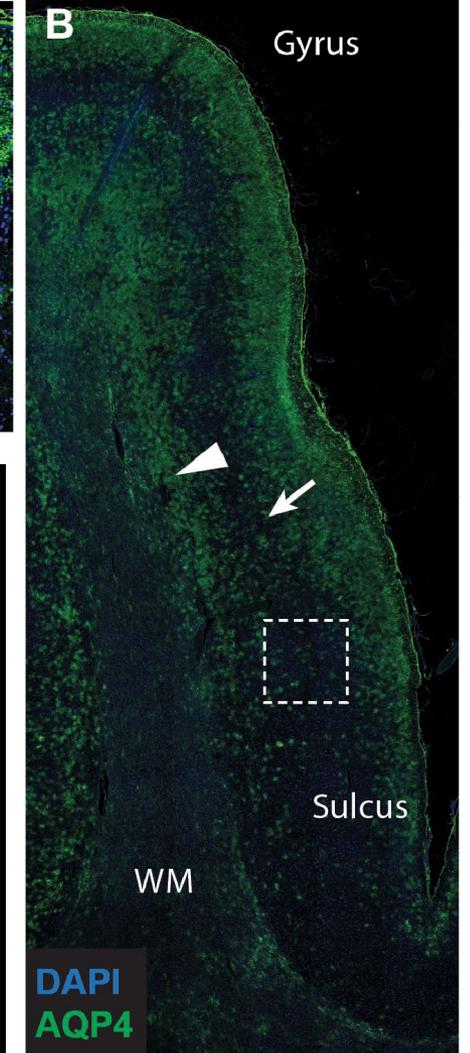
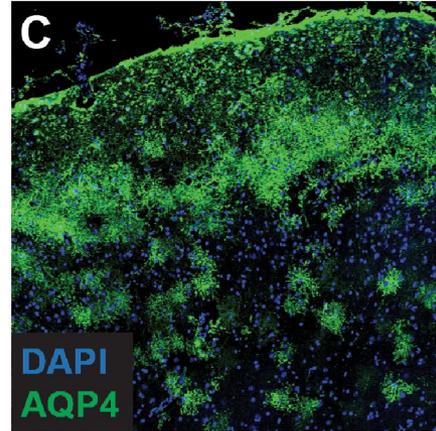
Are changes in AQP4 localization  
associated with Alzheimer's pathology?

# Patterns of AQP4 localization are altered in the aging human cortex

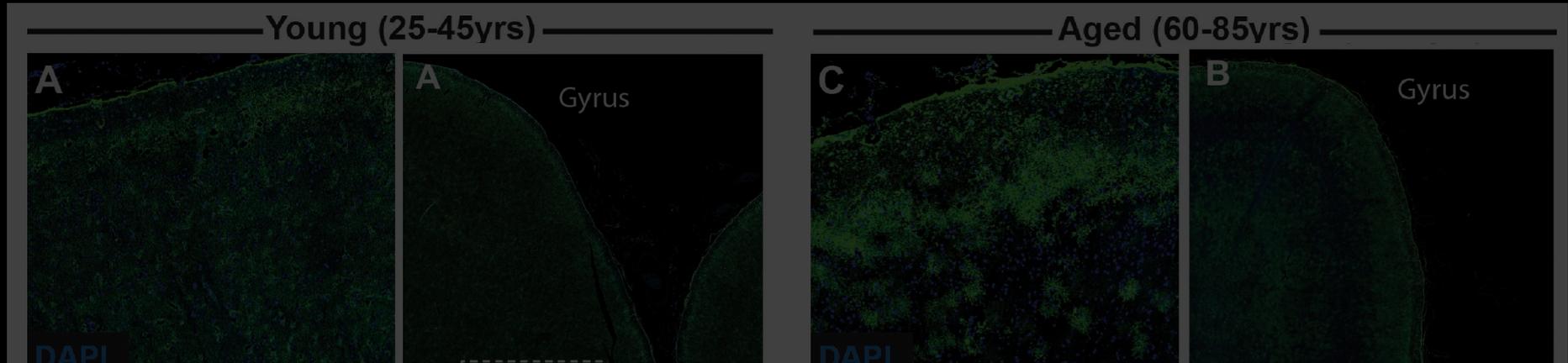
Young (25-45yrs)



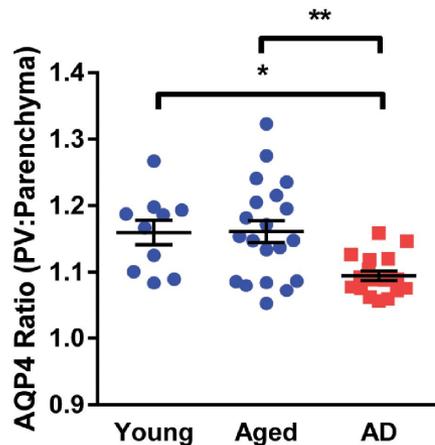
Aged (60-85yrs)



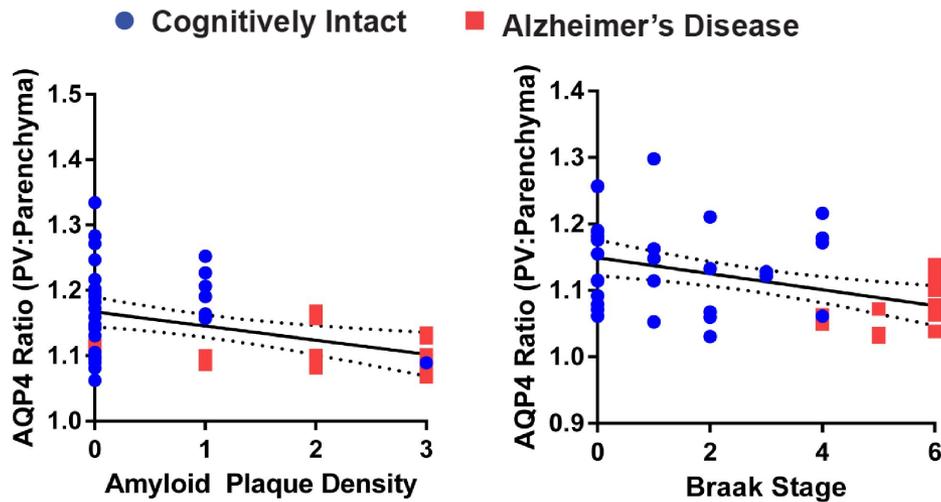
# Patterns of AQP4 localization are altered in the aging human cortex



## Perivascular AQP4 Localization

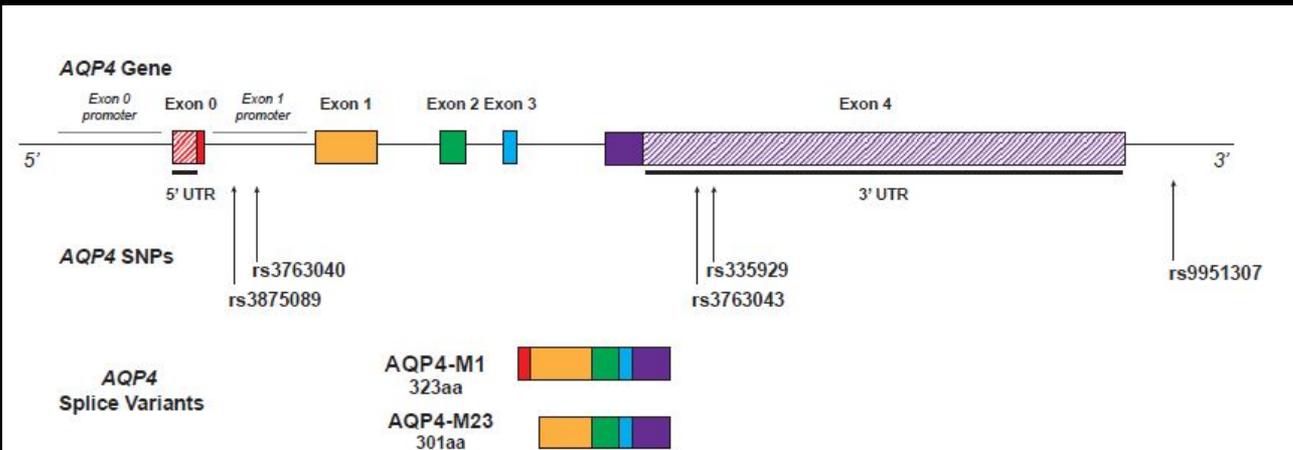


## Association Between Perivascular AQP4 Localization and Alzheimer's Pathology



Are naturally-occurring variants in the human *AQP4* gene associated with cognitive decline?

# SNPs in human *AQP4* gene are associated with altered rates of cognitive decline

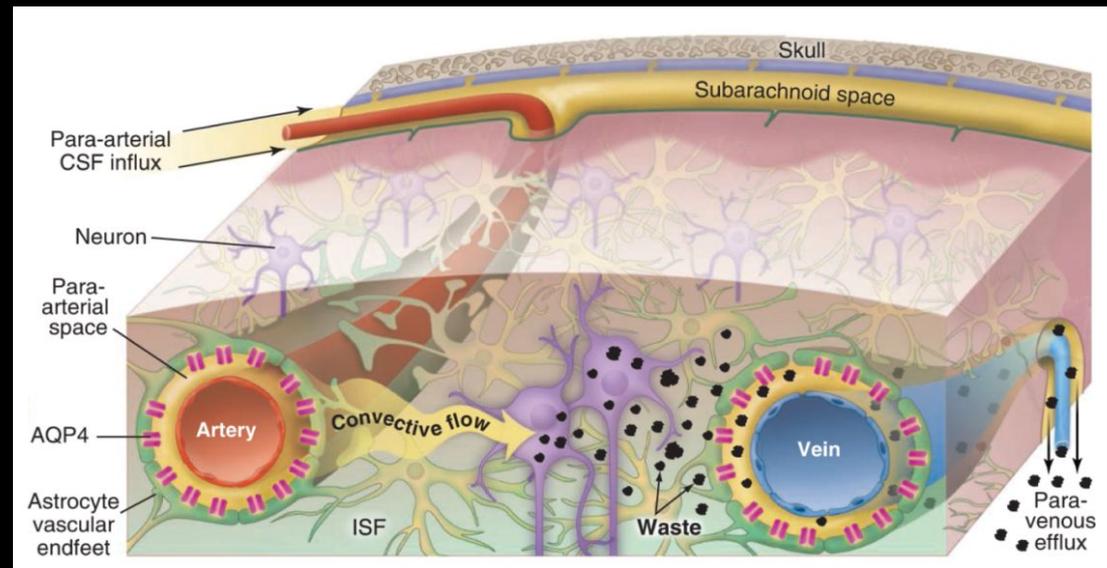


	Name	rs9951307	rs3875089	rs335929	rs3763040	rs3763043
Functional	MMSE	1.10	3.96 ***	-1.35	-3.10 **	-5.63 ***
	CDR	-0.85	6.20 ***	-4.74 ***	-4.43 ***	-0.08
Memory-Based Executive Function	MemoryZ	1.54	0.08	2.59 **	0.31	-0.61
	Logical Memory	3.00 **	-0.37	3.87 ***	-0.34	-3.49 ***
Attention-Based Executive Function	AttentionZ	-0.02	-0.63	2.34 *	-0.70	-0.93
	Digit Symbol	0.45	-0.74	2.56 *	0.36	-2.51 *
Executive	Trails B	2.34 *	-1.84	-1.01	0.55	-1.56

# Glymphatic pathway

- Brain-wide perivascular network
- Feature of the sleeping brain
- Dependent upon astroglial water transport
- Impaired in the aging rodent brain
- AQP4 mis-localization associated with Alzheimer's pathology
- Human *AQP4* gene variants modify rate of cognitive decline in Alzheimer's disease.

Glymphatic dysfunction appears to occur in many disease states, including traumatic and spinal cord injury.



## The Team

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Carmen Methner

Ali Picnus

Natalie Roese

### **Matt Simon**

Marquitta Smith

Selda Yildiz

### **Doug Zeppenfeld**

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Shawn Westaway, PhD

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## *Legacy Research Institute*

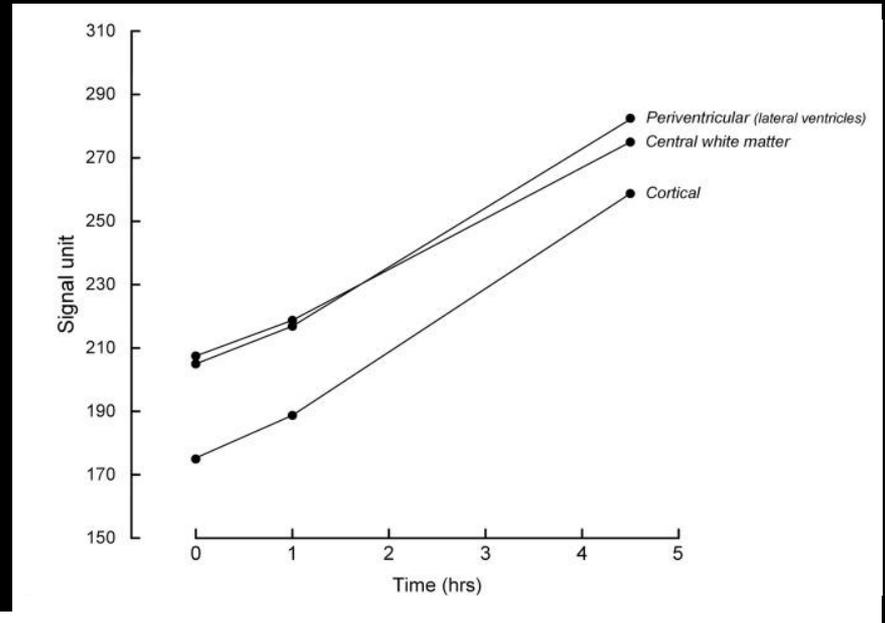
Detlev Boison, PhD

Zhongya Wang, PhD

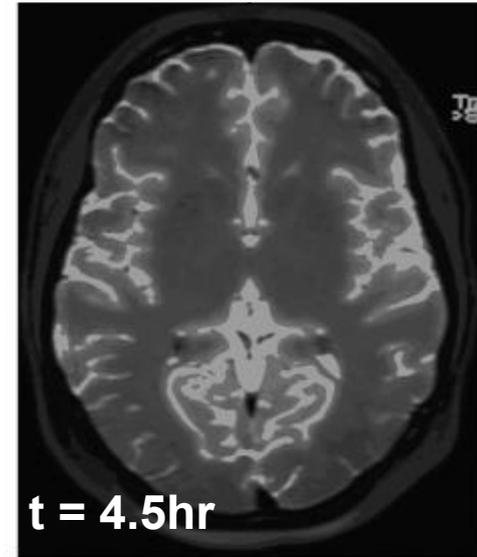
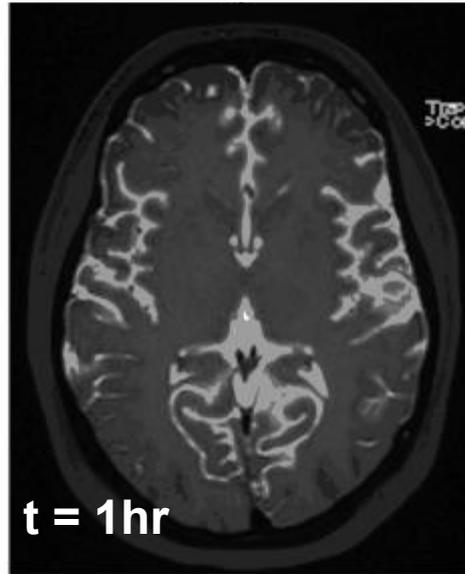
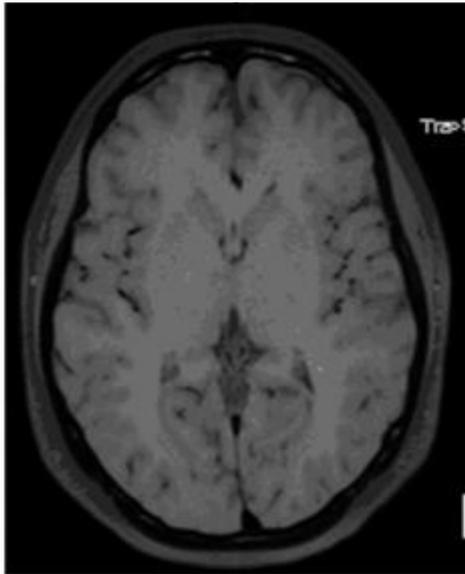
## Funding

**NINDS (JI), NIA (JK), American Heart Association (JI), Oregon  
Partnership for Alzheimer's Research (JI), Paul G. Allen Family  
Foundation (JI, BR)**

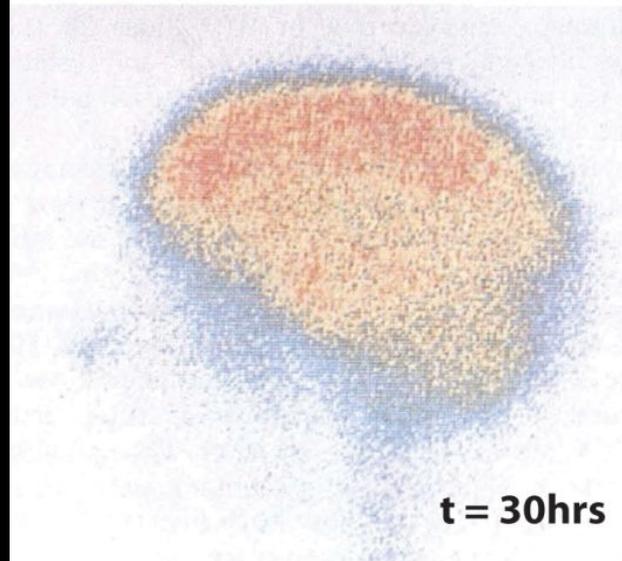
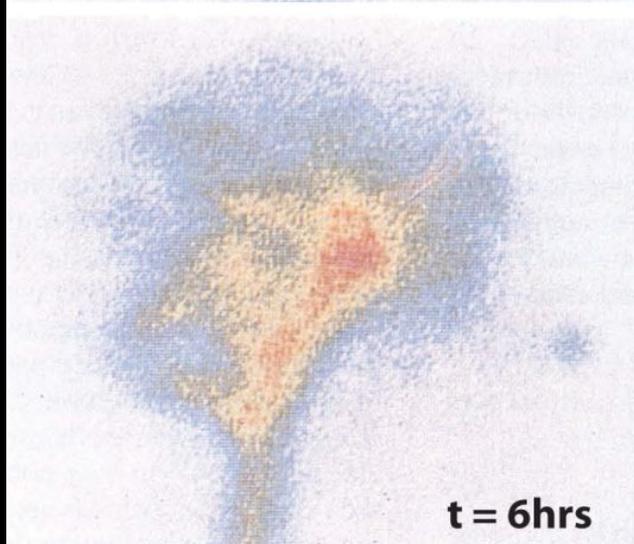
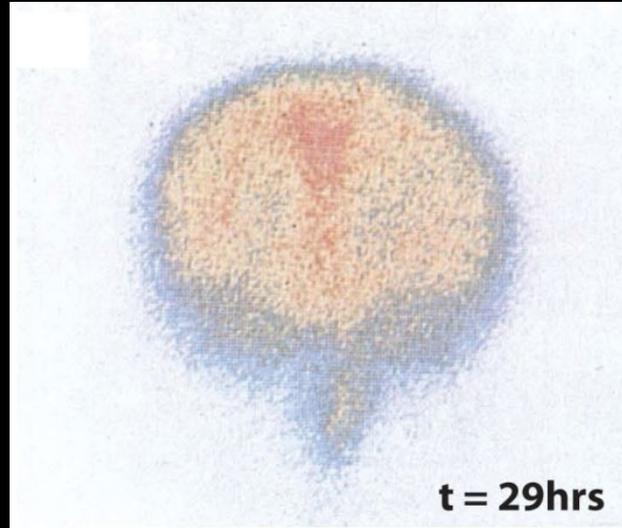
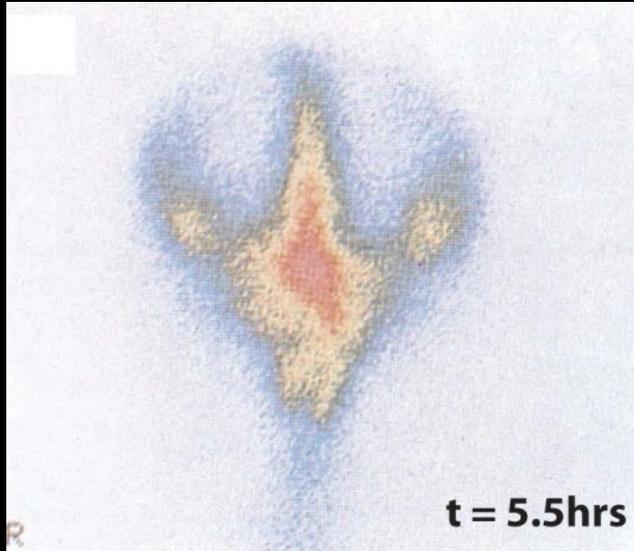
# Evaluating glymphatic function in the human brain



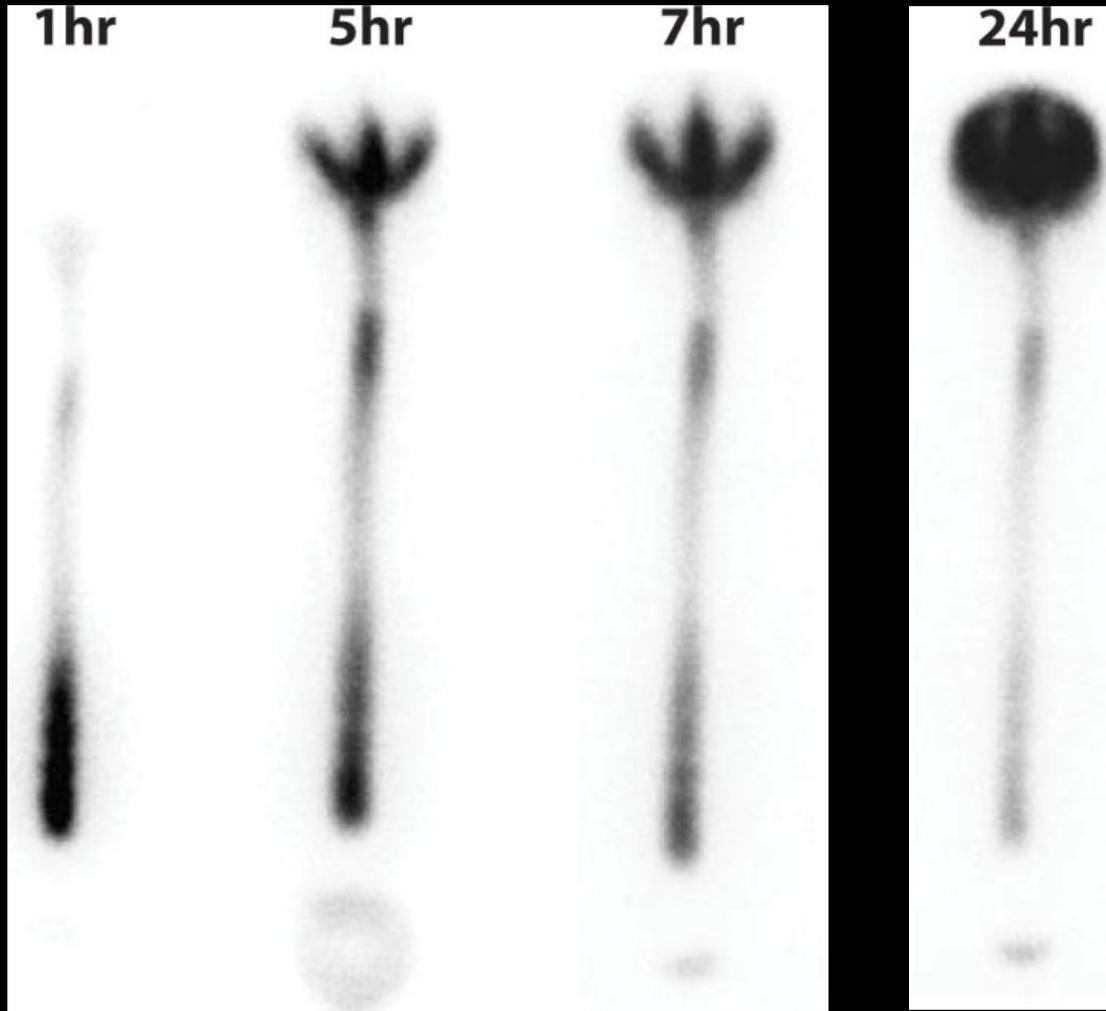
Eide and Ringstad *Acta Radiol Open* 2015



# Human $^{111}\text{In}$ -DTPA SPECT imaging suggests role for sleep in IT contrast distribution



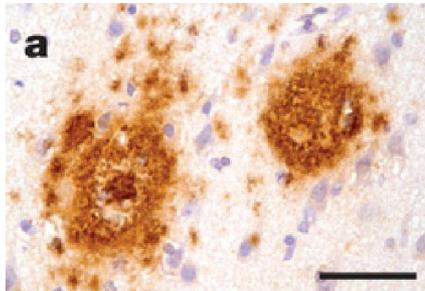
# Human $^{111}\text{In}$ -DTPA SPECT imaging suggests role for sleep in IT contrast distribution



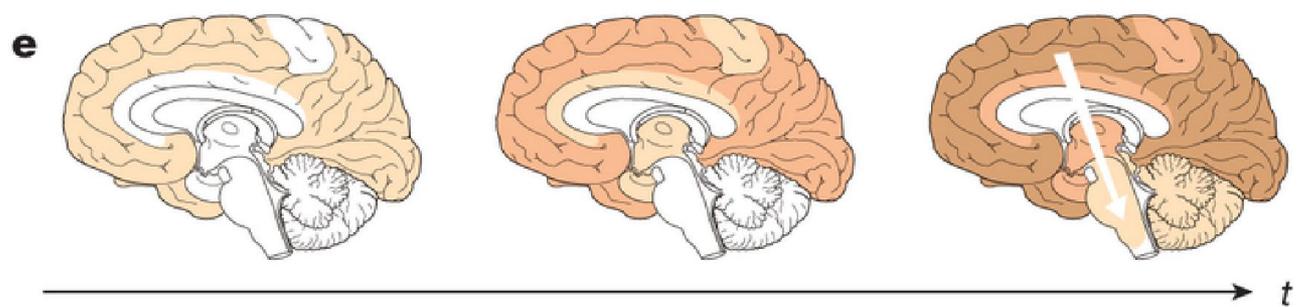
From Horikoshi et al. *Cephalalgia* 2006)

# Alzheimer's disease – An age-related disease with characteristic pathology and neuroanatomical spread

## Amyloid Plaques



## Thal Stages



I  
Senile Change

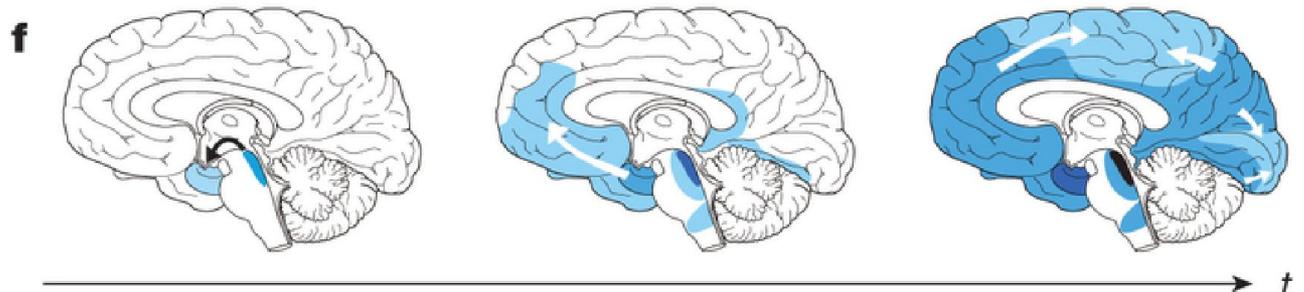
II-III  
Pathological Aging

IV-V  
Alzheimer's Disease

## Neurofibrillary Tangles



## Braak Stages

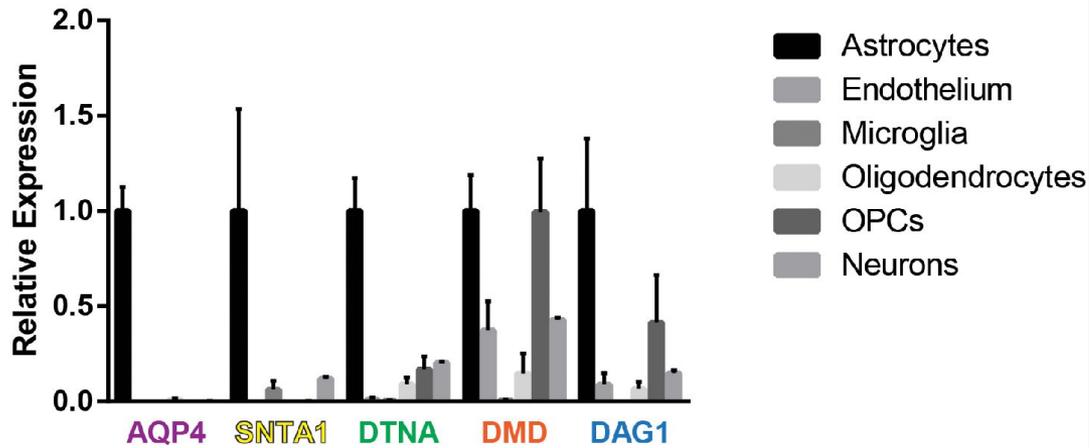


I-II  
Prodromal

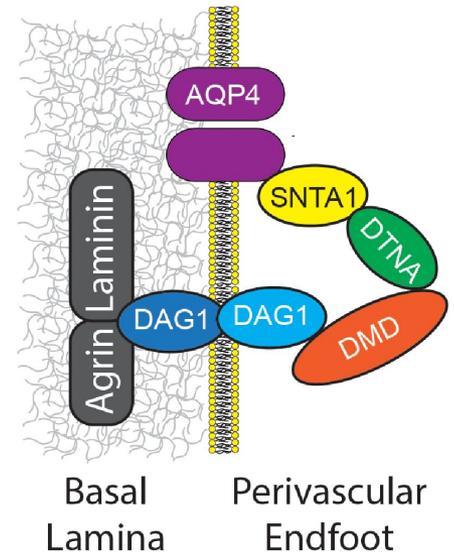
III-IV  
Early-Moderate

IV-V  
Moderate-Late

## Mouse Cellular Taxonomy Data



## Dystrophin-Associated Complex



### ALLEN BRAIN ATLAS

DATA PORTAL

Introduction Gene Expression & Cell Taxonomy Explore the Data

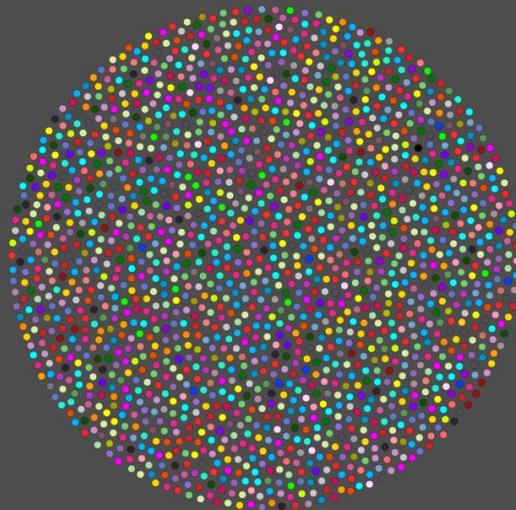
ALLEN INSTITUTE DRAGI RELAS

#### A Cellular Taxonomy of the Mouse Visual Cortex

The mammalian brain is composed of various cell populations that differ based on their molecular, morphological, electrophysiological and functional characteristics. Classifying these cells into types is one of the essential approaches to defining the diversity of brain's building blocks.

We created a cellular taxonomy of the mouse primary visual cortex by analyzing gene expression patterns, at the single cell level, of >1600 cells. Using transgenic mice, we isolated fluorescently labeled cells from their brains and then sequenced the transcriptomes of individual cells. To identify the different cell types, we employed an iterative unbiased classification method (cluster analysis) that examined all expressed genes and was blind to the origin of cells.

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## ALLEN BRAIN ATLAS

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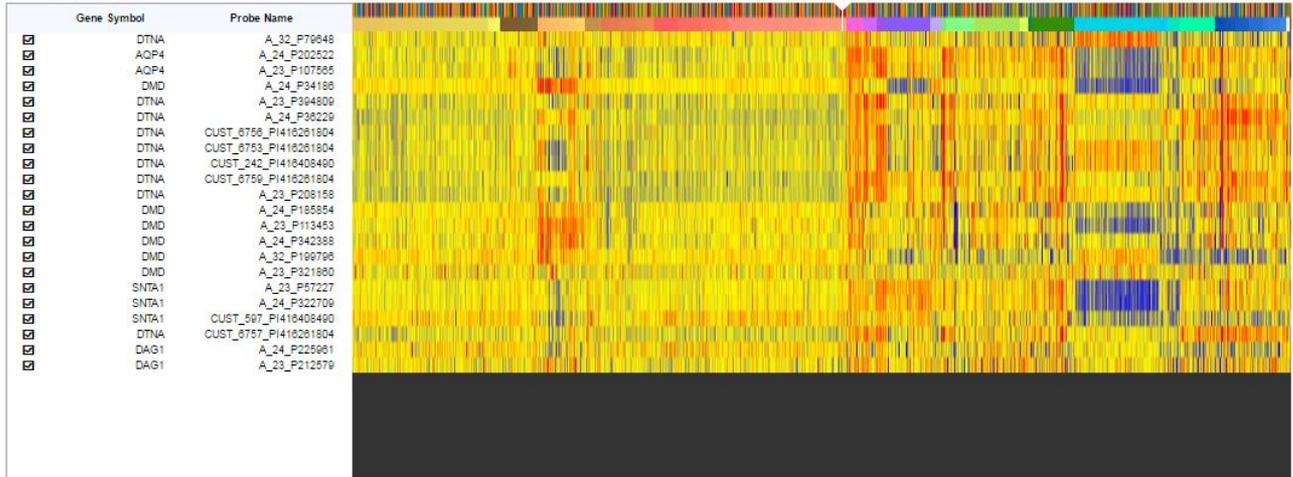
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Donor H0351.2001

temporal pole, right, superior aspect (TP-s)



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Resolution Samples

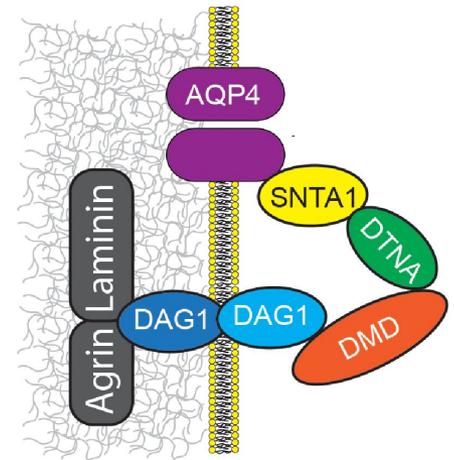
Color Map



Zoom

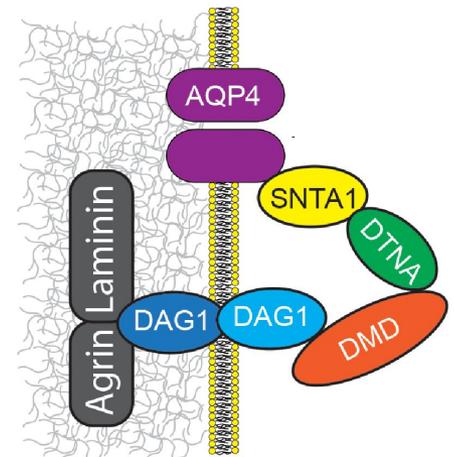
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## Dystrophin-Associated Complex

Basal  
LaminaPerivascular  
Endfoot

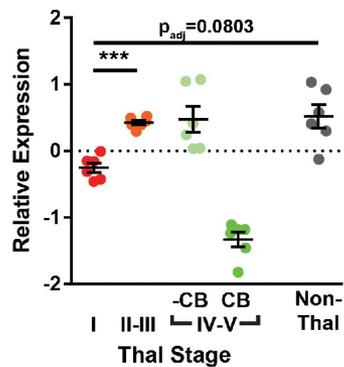
# Altered AQP4 and DAC protein expression in aggregation-prone brain regions

## Dystrophin-Associated Complex

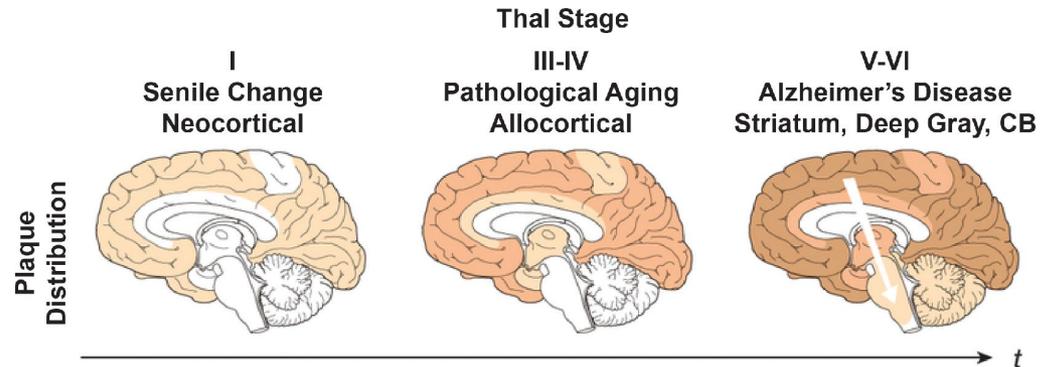
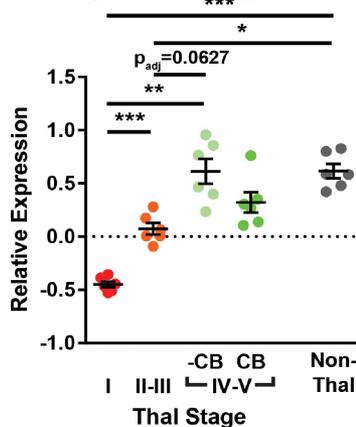


Basal Lamina      Perivascular Endfoot

### Aquaporin-4 (AQP4)

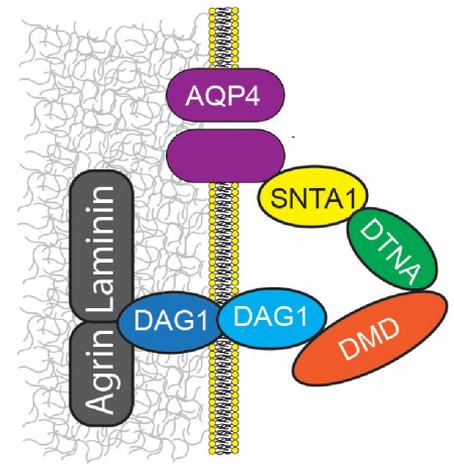


### Dystrobrevin (DTNA)



# Altered AQP4 and DAC protein expression in aggregation-prone brain regions

## Dystrophin-Associated Complex



Basal Lamina      Perivascular Endfoot

