

■ ACCREDITATION

Mount Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. Mount Sinai designates this continuing medical educational activity for a maximum of 15 Category 1 credits toward the American Medical Association Physician's Recognition Award (AMA). Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

■ CEU ACCREDITATION

A total of 15 Continuing Education credits for Psychologists will be offered through MAGEC (Miami Area Geriatric Education Center)

■ DISCLOSURE STATEMENT

Mount Sinai Medical Center in accordance with the Standards for Commercial Support of the Accreditation Council for Continuing Medical Education (ACCME) will disclose the existence of any significant financial interest or other relationship between a faculty member or a sponsor has (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in the educational presentation and (2) with any commercial supporters of the activity. Faculty is also required to disclose to the audience, during their presentation, any investigational/unlabeled use that is discussed. Information concerning Faculty relationship with industry will be disclosed and available on the Symposium Syllabus and on meeting site.

■ CORPORATE SUPPORT

This symposium is made possible by unrestricted educational grants from pharmaceuticals companies; our appreciation is expressed for their support of this program. Sponsors will be listed on our Symposium Syllabus.

■ SYMPOSIUM INFORMATION

Please contact: Warren Barker
MCI Symposium Coordinator
Wien Center for Alzheimer's Disease & Memory Disorders
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Mount Sinai
MEDICAL CENTER
4300 Alton Road, Miami Beach, FL 33140
3 R D A N N U A L
**Mild Cognitive
Impairment (MCI)
Symposium**

For information, please contact:

Warren Barker
Phone: 305-674-2592
Email: mcisymposium@msmc.com

Mount Sinai
MEDICAL CENTER

3 R D A N N U A L
**Mild Cognitive Impairment
(MCI) Symposium**

PRESENTED BY:

The Wien Center for Alzheimer's Disease and Memory Disorders
Mount Sinai Medical Center, Miami Beach, Florida
and
The Johnnie B. Byrd, Sr. Alzheimer's Center & Research Institute
Tampa, Florida

**Friday - Saturday
March 11-12, 2005**

SYMPOSIUM LOCATION:

Sheraton Bal Harbour Beach Resort
9701 Collins Ave., Bal Harbour, FL 33154

PROGRAM DIRECTOR

Ranjan Duara, MD
Medical Director

Wien Center for Alzheimer's Disease & Memory Disorders
Mount Sinai Medical Center, Miami Beach, FL
Departments of Medicine and Psychiatry
Miller School of Medicine, University of Miami, Miami, FL

SPONSORED BY:

THE BEHRMAN CENTER FOR MEDICAL EDUCATION
AT MOUNT SINAI MEDICAL CENTER

An accredited interactive Symposium offering
15 hours of Category 1 credits for Physicians
and 15 CEU accreditation hours for Psychologists offered through MAGEC.

■ NEEDS ASSESSMENT

Continuing success in the development of new treatments and preventive measures for Alzheimer’s disease and other causes of dementia have prompted the need for a better recognition of the earliest stages of these conditions. The purpose of this symposium is to provide a forum where new information can be provided and in-depth discussions can take place about Mild Cognitive Impairment and all its subtypes. This will be accomplished via a keynote lecture and five mini-symposia. The symposium will feature a panel of national and international experts in the fields of neurology, psychiatry, geriatrics, neuropsychology, brain imaging and epidemiology. These experts will present updates on the causes and early detection of incipient dementias, and their prevention and treatment. Each mini-symposium will be followed by an extended discussion period, allowing active audience participation to enhance the learning process.

■ TARGET AUDIENCE

- This activity is designed for:
- Neurologists
 - Psychiatrists
 - Geriatricians
 - Radiologists (neuroimaging specialists)
 - Epidemiologists
 - Neuropsychologists
 - Neuroscientists



■ EDUCATIONAL OBJECTIVES

The overall purpose of the symposium is to promote a better understanding and earlier diagnosis of mild cognitive impairment (MCI) and incipient dementia. Upon completion of this symposium, the attendees should have a better understanding of the following:

- 1. Etiological Subtypes of MCI**
 - a. Clinical features of etiological subtypes of MCI
 - b. Rates of progression in etiological subtypes of MCI
 - c. Current limitations in diagnosing etiological subtypes of MCI
- 2. Neuropathology of MCI**
 - a. The frequency of occurrence of degenerative and vascular pathology in elderly subjects with normal cognition and MCI
 - b. The correlation of regional brain pathology and brain atrophy to cognitive performance in MCI
 - c. The correlation of neuropathology to clinical features and rates of progression in MCI
- 3. Neuroimaging in MCI**
 - a. Quantitative volumetric and visual rating of brain images (MRI, PET, and SPECT) in elderly with normal cognition, MCI, and AD
 - b. Neuroimaging techniques that have demonstrated the ability to predict future clinical course in normal, MCI, and AD subjects
 - c. Amyloid imaging in MCI
 - d. The added value of brain imaging to a clinical diagnosis of MCI subtype
- 4. Longitudinal Assessment in MCI**
 - a. Patterns of progression in subjects diagnosed with MCI
 - b. Cognitive tests that are useful in measuring longitudinal changes in MCI subjects
 - c. The utility of functional measures in longitudinal studies of MCI
 - d. Rates of progression of subtypes of MCI in longitudinal aging studies
- 5. Prevention and Treatment of MCI**
 - a. The effect of treatment with cholinesterase inhibitors in subjects with MCI
 - b. Lifestyle factors that may delay the onset of MCI
 - c. The effect of cognitive stimulation and rehabilitation in MCI

DISTINGUISHED GUEST FACULTY

Program Director

Ranjan Duara, MD

Medical Director, Wien Center for Alzheimer’s Disease & Memory Disorders
Mount Sinai Medical Center, Miami Beach, FL
Miller School of Medicine, University of Miami

Richard Mayeux, MD, MSc
(Keynote Speaker)

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Rush University Medical Center
Chicago, IL

Carol Brayne, MD

Professor of Public Health Medicine
Cambridge University
Cambridge, UK

Jody Corey-Bloom, MD, PhD

Professor of Neurosciences
University of California, San Diego School of Medicine
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Herman Buschke, MD

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Professor of Old Age Psychiatry
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Ronald Petersen, MD, PhD

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University of Texas Health Science Center
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Director, The Nun Study University of Kentucky
Saunders-Brown Center on Aging
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Honolulu, HI

Robert S. Wilson, PhD

Professor of Neurological Sciences and Psychology
Rush University Medical Center
Chicago, IL



Scientific Agenda

Friday, March 11, 2005

AM		PM	
7:30-8:00	Breakfast Buffet	1:00-2:45	Mini-Symposium: Neuropathology of MCI Chair: John Morris, MD – Overview and Washington University Series <i>John Morris, MD</i> – Mayo Clinic Series <i>Gregory Jicha, MD</i> – Rush Memory and Aging Study <i>David Bennett, MD</i> – Aging with Grace: Findings from the Nun Study Series <i>David Snowdon, PhD</i> – MRC-CFAS Series <i>Carol Brayne, MD</i> – Honolulu-Asia Aging Study <i>Lon White, MD, MPH</i> – Neocortical vs Medial Temporal Pathology in MCI <i>Jody Corey-Bloom, MD, PhD</i> – Neurochemistry of MCI <i>Steven DeKosky, MD</i>
8:00-8:15	Welcome and Introduction <i>Ranjan Duara MD</i>	2:45-3:45	Open Discussion and Summary
8:15-9:15	Mild Cognitive Impairment: Risk Factors, Etiology and Biomarkers <i>Richard Mayeux, M.D., M.Sc. - Keynote Speaker</i>	3:45-5:15	Mini-Symposium: Neuroimaging in MCI Chair: Mony DeLeon, EdD – Structural MRI- Normal Aging to MCI <i>Jeffrey Kaye, MD</i> – Visual Rating of Atrophy of MTL <i>Philip Scheltens, MD, PhD</i> – MRI and Biomarkers in MCI <i>Mony DeLeon, EdD</i> – Functional MRI Studies of Memory in MCI <i>Reisa Sperling, MD, MSc</i> – Perfusion MRI <i>Oscar Lopez, MD</i> – SPECT and PET in MCI <i>Keith Johnson, MD</i> – Amyloid Imaging and MCI <i>William Klunk, MD</i>
9:15-10:30	Mini-Symposium: MCI Etiological Subtypes Chair: Steven DeKosky, MD – Overview and MCI-AD <i>Ronald Petersen, MD, PhD</i> – MCI-Vascular/Leukomalacia <i>Lawrence Honig, MD, PhD</i> – MCI Lewy Body Disease <i>Ian McKeith, MD</i> – MCI-Fronto-Temporal Dementia <i>Julene Johnson, PhD</i> – MCI-Normal Pressure Hydrocephalus <i>Norman Relkin, MD, PhD</i> – MCI-None of the Above <i>Mary Ganguli, MD, MPH</i>	5:15-6:00	Open Discussion and Summary
10:30-11:30	Open Discussion and Summary	6:00	Adjourn
11:30-1:00	LUNCH BREAK	7:00-9:00	Welcome Dinner

Saturday, March 12, 2005

AM		PM	
7:30-8:00	Breakfast Buffet	1:00-3:00	Mini-Symposium on Prevention and Treatment of MCI Chair: Ronald Petersen, MD, PhD – Treatment Studies with Donepezil <i>Ronald Petersen, MD, PhD</i> – Key Lessons Learned from the 24-week Donepezil Trial for MCI <i>Stephen Salloway, MD</i> – Cognitive Rehabilitation in MCI and Mild Dementia <i>David Loewenstein, PhD</i> – Cognitive and Recreational Activities for Preventing MCI <i>Joe Verghese, MD</i> – Diet, Mental and Physical Activities for Preventing MCI <i>Robert Friedland, MD</i> – Chronic Psychological Distress and Cognitive Impairment in Old Age <i>Robert Wilson, PhD</i>
8:00-8:15	Opening Remarks <i>Ranjan Duara, MD</i>	3:00 -4:00	Open Discussion and Summary
8:15-10:15	Mini-Symposium on Longitudinal Assessment in MCI Chair: David Loewenstein, PhD – Assessment of Change in Cognition in MCI <i>David Loewenstein, PhD</i> – MCI as a Dementing Process <i>Donald Royall, MD</i> – Cache County Memory Study <i>Kathleen Welsh-Bohmer, PhD</i> – Canadian Study of Health and Aging <i>Mary Tierney, PhD</i> – Indianapolis-Ibadan Study <i>Frederick Unverzagt, PhD</i> – MCI Among Ethnically Diverse Elders <i>Jennifer Manly, PhD</i> – Mild Cognitive Impairment in Old Age <i>Robert Wilson, PhD</i> – Modeling Memory Decline in Older Adults <i>Herman Buschke, MD</i>	4:00	Adjourn
10:15-11:30	Open Discussion and Summary		
11:30-1:00	LUNCH BREAK		

REGISTRATION INFORMATION

METHOD OF REGISTRATION

To register by mail or fax: please complete the registration form and send it with the payment method to the above mailing address or fax number.

To register by email: provide the information requested on the registration form in an e-mail message and send to: mcisymposium@msmc.com

Registration confirmations will be issued.

Payment: Registration fees can be sent by credit card or check, no cash is accepted. Please make all checks payable to MCI SYMPOSIUM, MSMC.

Registration Fee Inclusions: Registration fees include admittance to all the scientific conferences, conference materials, validated parking, breakfast, lunch, refreshment breaks, welcome dinner as specified in the program.

Registration Hours: The conference registration desk will be staffed:

Friday, March 11 -
Meeting Room: Caribbean Ballroom
7:30 am - 6:00 pm.
Lunch: Sundeck
12:00 pm - 1:00 pm
Welcome Dinner:
Beach House
7:00 pm - 10.00 pm

Saturday, March 12 -
Meeting Room: Caribbean Ballroom
7:30 am.- 4:00 pm.
Lunch:
Crystal Ballroom 1
12:00 pm - 1:00 pm

SYMPOSIUM LOCATION

SHERATON BAL HARBOUR BEACH RESORT
9701 Collins Avenue, Bal Harbour, FL 33154
Phone: 1-888-627-7079 • Fax: 1-305-864-2601

Nestled on ten acres of tropical gardens and sandy beaches, the Sheraton Bal Harbour Beach Resort is midway between Miami Beach



and Ft. Lauderdale. This deluxe, four-diamond resort features a combination of Latin flair and small town charm and is ideal for both romantic getaways and family vacations.

All 645 guest rooms and suites include Sheraton Sweet Sleeper(SM) beds, and pool, ocean, or village views. Services include a spa, fitness center, Kid’s Club, and lagoon-style pool featuring Jacuzzis and a waterslide. Over 50,000 square feet of flexible meeting and event facilities

offer High Speed Internet Access and are ideal for both business and social functions.

Directly across the street are the famous Bal Harbour Shops, a unique collection of internationally renowned boutiques, shops, and cafes set in beautiful tropical gardens. The world-famous South Beach Art Deco District and Lincoln Road are also just minutes away.

HOTEL RESERVATIONS

For the convenience of the 3rd MCI Symposium attendees a limited number of rooms have been reserved at the special daily rate of \$290.00 (single or double occupancy, plus resort fees, state and local taxes). To receive this special rate, reservations must be made directly with the Sheraton Bal Harbour Beach Resort and you must mention that you are a registrant of the 3rd Annual MCI Symposium. Rooms will be held at the special rate until Tuesday, February 15, 2005. Rooms at the discounted rate will be allocated on a first-come, first-served basis. Reservations received after the cut-off date is subject to availability and prevailing rates.

